

The Council on Alcohol & Drug Abuse

1349 Empire Central Dr., Suite 800; Dallas, TX 75247
HOURS: Monday-Friday, 8am-5pm

(214) 522-8600
BUS: 526 Inwood/Love Field Station

Provides HIV testing, information, referrals, education and risk reduction steps to those living with substance abuse and HIV and those who are at risk for HIV and other STDs.

Offers substance abuse assessments, peer support group, intensive case management, risk reduction accountability and support for transportation, medical, dental, optical and mental health services.

Dallas County Health & Human Services

2377 N. Stemmons Freeway; Dallas, TX 75207

TRAIN: E-TRE-Union Station

HIV Testing and Counseling

(214) 819-1980

Confidential testing by appointment or walk-in. Monday-Friday 8am-6:30pm

STD Clinic

(214) 819-1819

Testing for most STDs by appointment. Monday-Thursday 8am-6:30pm, Fri 8am-4:30pm

Welfare Department

(214) 819-1800

Assistance with food, shelter, utilities and transportation for those with a physical or mental disability. Monday-Friday 7:45am-5pm.

Homeward Bound, Inc.

233 West 10th Street; Dallas, TX 75208
HOURS: Monday-Friday, 8:30am-5pm

(214) 941-3500
BUS: 1 Mockingbird Sta, 1 Wynnewood

Offers an inpatient residential program serving men and women with dual diagnosis (substance abuse issues and mental disorders) who are also HIV-positive. Also provides medical and substance abuse treatment, case management, mental health counseling, nutritional services, individual and group counseling and AA/NA support groups.

Legacy Counseling Center

4054 McKinney Ave., Suite 102; Dallas, TX 75204-2050
HOURS: Monday-Friday, 8am-5pm

(214) 520-6308
TRAIN: S-Red Line-Westmoreland, N-Red Line-Parker Rd, S-Blue Line-Ledbetter, N-Blue Line-Downtown Garland

The program offers individual, couple and group mental health counseling, substance abuse treatment and after care and various therapy/support groups including HIV/AIDS therapy.

Metrocare Services

1380 River Bend Drive; Dallas, TX 75247
HOURS: Monday-Friday, 8am-5pm

(214) 743-1200
BUS: 526 Record Crossing

Offers individually-tailored services for adult mental health that include outpatient clinics, community-based support and rehabilitative programs, housing and homeless services, 24-hour emergency services, hospital liaison services, intensive family services and long-term supports.

Parkland Health & Hospital System

5201 Harry Hines Boulevard; Dallas, TX 75235
BUS: 027,029, 049, 404, 405, 408, 409, 453, 525, 544, 822

(214) 590-5618
TRAIN: Green, Orange

All of Parkland's HIV Clinic locations perform medical case management, medical services for people with HIV and access to greater than 150 specialty and subspecialty clinics. Call for more information.

Resource Center Dallas

2701 Reagan Street; Dallas, TX 75219
HOURS: Monday-Friday, 9am-5pm

(214) 528-0144
BUS: 409, 29

Offers hot meals, a food pantry, dental services, disease management, STD screening and treatment and mental health counseling.

Southwestern Medical Center

Community Prevention Intervention Unit

400 S. Zang Boulevard, Suite 250; Dallas, TX 75208
HOURS: Monday-Friday, 9am-5pm, Tuesday 9am-6:30pm

(214) 645-7300
BUS: 001, 011, 522

Offers free, anonymous or confidential HIV counseling and testing for anyone over 12 years of age; testing for syphilis and Hepatitis C by appointment.

Urban League of Greater Dallas and North Central Texas

4315 S. Lancaster Road; Dallas, TX 75216
HOURS: Monday-Friday, 8am-5pm

(214) 915-4600
TRAIN: S-Blue Line-Ledbetter, N-Blue line-Downtown Garland, N-Blue Line-8th & Corinth

Provides access to medical care, treatment and support services for HIV positive recently released ex-offenders. Also, HIV testing, HIV prevention and referrals.

Helpful Phone Numbers

2-1-1: Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

Dallas Area Rapid Transit **214 979-1111**
Information about bus routes and schedules. Available Monday-Friday 6am-8pm, Saturday-Sunday 8am-5pm.

Dallas VA Medical Center **214 742-8387**
Medical care for Veterans; emergency room open 24 hours.

Medicaid **800 252-8263**
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

Medicare **800 633-4227**
Information and assistance with Medicare.

Metro Dallas Homeless Alliance **214 670 1101**
Homeless information. Located at The Bridge.

Social Security **800 772-1213**
Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

Substance Abuse Treatment Support
Alcoholics Anonymous 214 887-6699
Cocaine Anonymous 214 557-1261
Narcotics Anonymous 972 699-9306
Nat'l Drug & Alcohol Toll Free Helpline 855 378-4734