

<b>Food Bank</b>	<b>Pg</b>
<b>Service Category Definition State Services</b>	<b>1</b>
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<b>Food Pantries - referral.unitedwayhouston.org, April 2011</b>	<b>9</b>

Local Service Category:	<b>Food Bank – Rural</b>
Amount Available	<b>To be determined</b>
Unit Cost	
Budget Requirements or Restrictions:	<b>Maximum 10% of budget for Administrative Cost. Providers may use these funds for vouchers.</b> Agencies planning to use this option must provide a copy of written guidelines for the issuance, recording and safeguarding of food vouchers and receive approval of these guidelines prior to issuing food vouchers.
Local Service Category Definition:	A facility that provides food and related grocery items to include personal hygiene, paper products, cleaning supplies and diapers. This service does not provide food to affected persons and individuals who are caregivers for HIV/AIDS infected persons in the household
Target Population (age, gender, geographic, race, ethnicity, etc.):	HIV/AIDS infected persons residing in the defined rural areas (i.e. outside of Harris County) of the Houston HIV Service Delivery Area (HSDA).
Services to be Provided:	All food banks must either have a food voucher program and/or a system for delivering food to clients. Food vouchers must be issued and recorded in the name of the client only. Tobacco, alcohol and pet food or pet products may not be purchased with funds awarded under this RFP.
Service Unit Definition(s):	1 unit of service = a visit or delivery where a client receives one week's worth of groceries for one client. A single client may have a maximum of 5 units per month, but under no circumstances may a client receive more than 52 units per contract year.
Financial Eligibility:	Income at or below 125% poverty guidelines.
Client Eligibility:	HIV positive, rural resident of Houston HSDA outside of Harris County, annual certification of medical necessity from a medical provider.
Agency Requirements:	<del>Food bank locations must have the following permits: a Food Dealer's Permit, Occupancy Permit, and Fire Marshall's Permit (if pantry is located in a jurisdiction that issues such permits).</del> <b>Agency is exempt from this requirement if only providing vouchers.</b>
Staff Requirements:	
Special Requirements:	Rural food bank must demonstrate how it will provide services to qualified rural clients (defined as residing outside of Harris County).  Must comply with the State Services Standards of Care.

Service Category Definition - DSHS State Services Grant  
September 1, 2010 - August 31, 2011

***FY 2012 RWPC “How to Best Meet the Need” Decision Process***

<b>Step in Process: Council</b>		Date: 06-09-11
Recommendations:	Approved: Y _____ No: _____ Approved With Changes: _____	If approved with changes list changes below:
1.		
2.		
3.		
<b>Step in Process: Steering Committee</b>		Date: 06-02-11
Recommendations:	Approved: Y _____ No: _____ Approved With Changes: _____	If approved with changes list changes below:
1.		
2.		
3.		
<b>Step in Process: Quality Assurance Committee</b>		Date: 05-19-11
Recommendations:	Approved: Y _____ No: _____ Approved With Changes: _____	If approved with changes list changes below:
1.		
2.		
3.		
<b>Step in Process: HTBMTN Workgroup #3</b>		Date: 04-27-11
Recommendations:	Financial Eligibility:	
1.		
2.		
3.		

**DSHS STATE SERVICES**  
**1112 HOUSTON HSDA STANDARDS OF CARE**  
**FOOD BANK SERVICES – RURAL**

#	STANDARD	MEASURE
<b>9.0</b>	<b>Service Specific Requirements</b>	
9.1	<u>Scope of Service</u> The agency will provide food and related grocery items to include personal hygiene, paper products, cleaning supplies and diapers. This service does not provide food to affected persons and individuals who are caregivers for HIV/AIDS infected persons in the household. The Agency must have either: <ul style="list-style-type: none"> <li>• A food voucher program, and/or</li> <li>• A system for delivering food to clients.</li> </ul>	<ul style="list-style-type: none"> <li>• Program’s Policies and Procedures indicate compliance with expected Scope of Services.</li> <li>• Documentation of provision of services compliant with Scope of Services present in client files.</li> </ul>
9.2	<u>Client Eligibility</u> In addition to the General Eligibility, individuals must meet the following: <ul style="list-style-type: none"> <li>• Income no greater than 125% of the Federal poverty level</li> <li>• <del>Symptomatic HIV or AIDS diagnosis as certified by a medical provider</del></li> </ul>	<ul style="list-style-type: none"> <li>• Documentation of HIV status, residence, identification and income in the client record.</li> <li>• Documentation in compliance with TRG Policies for Documentation of Client Eligibility and Documentation of HIV Status</li> </ul>
9.3	<u>Information Requests</u> Responses to requests for services and information should be provided within two (2) business days.	<ul style="list-style-type: none"> <li>• Clients are notified of the food distribution schedule and any scheduled changes at least fourteen (14) calendar days ahead of the new date, except under emergency situations.</li> </ul>
9.4	<u>Client-Specific Assessment and Planning</u> Each client’s assessment includes determination any special dietary needs in consultation with medical provider. Acuity of the client’s need is assessed and used to prioritize access to service. There is a plan to address the needs of clients with special dietary requirements.	<ul style="list-style-type: none"> <li>• Review of client files indicates compliance.</li> </ul>

#	STANDARD	MEASURE
<b>9.0</b>	<b>Service Specific Requirements</b>	
9.5	<u>Documentation of Compliance with Client Plan</u> There is recorded evidence that attempts are made on a regular basis to provide choices on food items that meet individual nutritional needs in accordance with client's individual plan.	<ul style="list-style-type: none"> <li>Review of client files indicates compliance.</li> </ul>
9.6	<u>Client Options</u> There is opportunity for clients to make selections of foods necessary due to health conditions.  There is a mechanism for alternative ways of accessing food stuff and/or vouchers.	<ul style="list-style-type: none"> <li>Relevant information is part of client file/database; client file/database includes intake and update information.</li> <li>Review of Policies and Procedures manual indicates compliance.</li> <li>Agency list of nutritional/healthy products.</li> <li>Client satisfaction survey.</li> </ul>
9.7	<u>Service Specific Licensure, Permits Certification and Training</u> Providers/vendors must maintain proper licensure. Records of local health department food handling/food safety inspection are maintained on file.  Food pantry provider must have at least one City of Houston-certified Food Pantry Manager on staff. Staff and volunteers are trained on food handling and food storage procedures.	<ul style="list-style-type: none"> <li>Documentation of training in each employee's file</li> <li>Documentation of current licensure, permits, certifications and inspections.</li> </ul>
9.8	<u>Volunteer Feedback</u> If volunteers are used, mechanism is in place for obtaining volunteer perspectives annually about observations of client satisfaction.	<ul style="list-style-type: none"> <li>Mechanism for gaining appropriate volunteer feedback is documented and implemented annually.</li> </ul>
9.9	<u>Professional Consultation</u> The agency received a consultation from a licensed dietician regarding the nutrition/caloric needs and dietary issues of persons with HIV infection and has incorporated this guidance into service delivery.	<ul style="list-style-type: none"> <li>Review of Policies and Procedures manual indicates compliance.</li> <li>Documentation of consult with registered dietician.</li> <li>Agency list of nutritional/healthy products.</li> </ul>

#	STANDARD	MEASURE
<b>9.0</b>	<b>Service Specific Requirements</b>	
9.10	<u>Temperature</u> Proper temperature is maintained at point of delivery and during storage, based on food products provided and applicable laws as designated by the appropriate local government agency. Foods are kept at their proper temperature. Refrigerator and freezer temperatures are regularly monitored.	<ul style="list-style-type: none"> <li>• Agency has Policies and Procedures to document proper temperatures.</li> <li>• Review of temperature log indicates compliance.</li> <li>• Documentation of appropriate external compliance is in file.</li> </ul>
9.11	<u>Inventory</u> Food inventory is updated and rotated as appropriate on a first-in, first-out basis, and shelf-life standards and applicable laws are observed. Perishable foods are disposed of by their expiration dates or earlier if any indication of spoilage is evident. Non-perishable foods are disposed of if there is any indication of spoilage, damage, or package tampering.	<ul style="list-style-type: none"> <li>• Review of Policies and Procedures manual indicates compliance.</li> <li>• Staff interviews.</li> </ul>
9.12	<u>Equipment</u> Facilities providing refrigerated/frozen food products have working equipment for proper storage and safe handling.	<ul style="list-style-type: none"> <li>• Review of temperature logs indicates compliance.</li> <li>• Policies and Procedures Manual documents methods for proper food handling and storage.</li> </ul>
9.13	<u>Food Safety</u> Agency is in compliance with the following items: <ul style="list-style-type: none"> <li>• A procedure for rejecting/discarding unsafe and expired foods exists and is posted.</li> <li>• There is posted notice in restrooms to remind food handlers that they must wash their hands.</li> <li>• There is posted notice to alert food handlers to wear disposable gloves before handling unpackaged foods.</li> <li>• If bulk foods are repackaged, there are procedures that ensure safe food handling and storage.</li> <li>• Food storage and handling areas are clean and free from rodents and insects. The agency maintains proof of use of periodic exterminator services.</li> </ul>	<ul style="list-style-type: none"> <li>• Policies and Procedures manual documents procedure for rejecting/discarding unsafe food.</li> <li>• Staff training and knowledge is documented in file.</li> <li>• Staff interviews.</li> <li>• Inspection of facilities (including food storage and handling areas and restrooms) indicate compliance.</li> </ul>

#	STANDARD	MEASURE
<b>9.0</b>	<b>Service Specific Requirements</b>	
9.14	<u>Food Distribution</u> The agency has a written schedule for distribution of food bank. Clients are notified of the food distribution schedule and any schedule changes at least three days ahead of the distribution date. Provision is made to provide food on an emergency basis outside of regular distribution times but within business hours.	<ul style="list-style-type: none"> <li>• Review of Policies and Procedures manual indicates compliance.</li> <li>• Review of client files indicates compliance.</li> </ul>
9.15	<u>Access</u> Access to food bank (including storage and handling areas) is controlled/limited. Food bank is locked when food distribution is not taking place.	<ul style="list-style-type: none"> <li>• Review of Policies and Procedures manual indicates compliance.</li> <li>• Inspection of facilities (including food storage and handling areas and restrooms) indicate compliance.</li> </ul>
9.16	<u>Food Stamp Benefit Application</u> Client file reflects verification of application for, and denial of, Food Stamp program benefits (to the extent possible). If Food Stamp eligible, client plan documents food bank assistance needs beyond what Food Stamp program provides.	<ul style="list-style-type: none"> <li>• Review of client files indicates compliance.</li> </ul>
9.17	<u>Food Vouchers</u> Food vouchers must be issued and recorded in the name of the client only. Tobacco, liquor and pet food or pet products may not be purchased with funds.  Food voucher utilization is required to be tracked through submission of receipts.	<ul style="list-style-type: none"> <li>• Documentation present in the client file.</li> </ul>



# NUTRITION

## WHY IS NUTRITION IMPORTANT?

Good nutrition means getting enough macronutrients and micronutrients. Macronutrients contain calories (energy): proteins, carbohydrates, and fats. They help you maintain your body weight. Micronutrients include vitamins and minerals. They keep your cells working properly, but will not prevent weight loss.

Good nutrition can be a problem for many people with HIV. When your body fights any infection, it uses more energy and you need to eat more than normal. But when you feel sick, you eat less than normal.

Some medications can upset your stomach, and some opportunistic infections can affect the mouth or throat. This makes it difficult to eat. Also, some medications and infections cause diarrhea. If you have diarrhea (see fact sheet 554,) your body actually uses less of what you eat.

When you lose weight, you might be losing fat, or you might be losing lean body weight like muscle. If you lose too much lean weight, your body chemistry changes. This condition is called wasting syndrome or cachexia (see fact sheet 519.) Wasting can kill you. If you lose more than 5% of your body weight, it could be a sign of wasting. Talk to your health care provider.

## NUTRITION GUIDELINES FOR PEOPLE WITH HIV

First, **eat more**. Extra muscle weight will help you fight HIV. This is very important. Many people want to lose weight, but for people with HIV, it can be dangerous.

Make sure you eat plenty of protein and starches, with moderate amounts of fat.

- **Protein** helps build and maintain your muscles. Meats, fish, beans, nuts, and seeds are good sources.
- **Carbohydrates** give you energy. **Complex** carbohydrates come from grains, cereals, vegetables, and fruits. They are a "time release"

energy source and are a good source of fiber and nutrients. **Simple** carbohydrates, or sugars, give you quick energy. You can get sugars in fresh or dried fruit, honey, jam, or syrups.

- **Fat** gives you extra energy. You need some — but not too much. The "monounsaturated" fats in nuts, seeds, canola and olive oils, and fish are considered "good" fats. The "saturated" fats in butter and animal products are "bad" fats.

A moderate **exercise** program will help your body turn your food into muscle. Take it easy, and work exercise into your daily activities. See fact sheet 802 for more information on exercise.

Drinking enough **liquids** is very important when you have HIV. Extra water can reduce the side effects of medications. It can help you avoid a dry mouth and constipation. Remember that drinking tea, coffee, colas, chocolate, or alcohol can actually make you lose body liquid.

## PRACTICE FOOD SAFETY

It's very important to protect yourself against infections that can be carried by food or water.

Be sure to wash your hands before preparing food, and keep all of your kitchen tools and work areas clean. Wash all fruits and vegetables carefully. Don't eat raw or undercooked eggs or meat, and clean up juices from raw meat quickly. Keep leftovers refrigerated and eat them within three days. Check the expiration date on foods. Don't buy them or eat them if they're outdated.

Some germs are spread through tap water. If your public water supply isn't totally pure, drink bottled water.

## WHAT ABOUT SUPPLEMENTS?

Some people find it difficult to go shopping and prepare meals all the time. Supplements can help you maintain your body weight and get the vitamins and

minerals you need. Don't use a product designed to help you lose weight, even if it says it contains everything needed for good nutrition! Your health care provider can help you choose a supplement that's right for you. Vitamin and mineral supplements can be very helpful. They are discussed in fact sheet 801.

## THE BOTTOM LINE

Good nutrition is very important for people with HIV. When you are HIV-positive, you will need to increase the amount of food you eat and maintain your lean body weight.

Be sure to eat a balanced diet, including plenty of protein and whole grain foods, with some sugar and fat. An exercise program will help build and maintain muscle.

Drink plenty of liquids to help your body deal with any medications you are taking.

Practice food safety. Keep your kitchen clean, wash foods, and be careful about food preparation and storage. If your tap water isn't pure, drink bottled water.

If you feel you need to use nutritional supplements, be sure to get some expert advice from your health care provider.

## FOR MORE INFORMATION

**Eat Up! Nutrition Advice and Food Ideas for People Living with HIV and AIDS** by Charlie Smigelski, RD, \$10.00, <http://www.eatupbooks.com/HIV-Nutrition-Book.htm>

**US Government Food Safety Information:** <http://www.foodsafety.gov/>

Revised June 21, 2010



# Loaves and fishes

## Modest donations could balance food budgets.

HOUSTON CHRONICLE  
April 3, 2011, 8:59PM

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Talk about world hunger and the listener's eyes tend to glaze over: It's not that we don't care, it's just that the numbers are so vast it all tends to become an abstraction. Of the 7 billion or so people in the world, almost 1 billion are hungry.

That number has traditionally been arrived at by taking a country's income level and distribution and extrapolating how many people exist on such a low income that they are malnourished. The same methodology has been used in this country, where the U.S. Department of Agriculture estimates that 50 million Americans, including more than 17 million children, are food insecure, an all-time high.

But those statistics don't tell the whole story, since food prices and other factors vary widely in different communities. But now data is available, in a ground-breaking study, "Map the Meal Gap," produced by Feeding America, the country's largest hunger relief organization, which measures shortfalls in households' food budgets at the county level. This enables communities to develop strategies for reaching the people who most need help.

In the 18 counties served by the Houston Food Bank and its over 400 pantries, the annual shortfall is about \$175.5 million - \$118 million of which is in Harris County alone.

Betsy Ballard, Houston Food Bank's Director of Communications, told the Chronicle that while poverty is certainly a defining factor in food insecurity, "this study gives us a better idea of the at-risk population. More than a third of the food insecure are above the poverty level." Typically, a family experiencing food insecurity will do so several months out of the year, not necessarily all the time, depending on variables.

But the good news revealed by the study is that food-insecure individuals in Harris County report, on the average, that for just \$13 a week more, they could be food secure. That's not a large amount by almost anyone's reckoning - a movie and popcorn, maybe, or a paperback book. For those of us who can't relate to large numbers, it would make a very affordable gift.

### Resources

#### HOW YOU CAN HELP

**Donate online:** At [www.houstonfoodbank.org](http://www.houstonfoodbank.org).

...

... or ...

#### Send a check to:

Houston Food Bank,  
Houston Food Bank,  
3811 Eastex Freeway,  
Houston, TX, 77026

## Food Resources by County

This information is maintained and provided by the United Way of Greater Houston  
50 Waugh Drive Houston, TX 77007

2-1-1 (713) 957-HELP (4357) 1-800-833-5948 [www.unitedwayhouston.org](http://www.unitedwayhouston.org)

### Austin County

#### **Bellville Christian Food Pantry**

24 North Masonic  
Bellville, TX 77418  
(979) 865-2330

Eligibility: Based on income and family size  
Intake procedure: Walk-ins accepted; By appointment; Call for information  
Documents required: Social Security number; Proof of address; Proof of income; Valid ID  
Hours: 2nd Thur 8:00am - 10:00am  
Area served: Bellville

#### **Sealy Christian Pantry**

530 6th Street  
Sealy, TX 77474  
(979) 885-3866

Eligibility: Based on income and family size;  
Must reside in service area  
Intake procedure: Walk-ins accepted  
Hours: Wed 9:00am - Noon  
Area served: Austin County excluding Bellville  
Languages: Spanish

### Chambers County

#### **Mid-Chambers Christian Caring Center, Inc.**

1120 N. Main  
Anahuac, TX 77514  
(409) 267-6898

Intake procedure: Call for information  
Documents required: Current photo ID with physical address; Utility bill; Proof of income; Social Security card  
Eligibility: Low-income  
Hours: Mon & Thur 9:00am - 11:00am  
Area served: Zip Codes 77514, 77560, 77597

### Ft Bend County

#### **East Fort Bend Human Needs Ministry, Inc.**

435 Stafford Run Road  
Stafford, TX 77477  
[www.humanneeds.org](http://www.humanneeds.org)

(281) 261-1006  
Intake procedure: Walk-ins accepted; Referrals; Interview process  
Documents required: Proof of residence; Current bill with name and address; Social Security card for each household member, Texas DL or Texas ID  
Hours: Tues Thur Fri 10:00am - 1:30pm; Wed 6:00pm - 8:00pm;  
Area served: Zip Codes 77459, 77477, 77478, 77479, 77489, 77583, 77545, 77053\*, 77083\*, 77099\* (\*Houston zip codes in East Fort Bend County)

#### **Rosenberg - Richmond Helping Hands, Inc.**

902 Collins Road  
Richmond, TX 77469  
[www.roserichhelpinghands.org](http://www.roserichhelpinghands.org)  
(281) 232-4904 Main  
(281) 341-7536 Alternate

Intake procedure: Walk-ins accepted  
Documents required: Two forms of ID  
Eligibility: West Fort Bend County Only  
Hours: Mon Tue Wed Thurs 10:00am - 2:30pm  
Area served: West Fort Bend county

#### **Second Mile Mission Center**

504 FM 1092, Suite 1  
Stafford, TX 77477  
[secondmile.org](http://secondmile.org)  
(281) 261-9199

Intake procedure: Walk-ins accepted

Documents required: Proof of address; Driver's license or valid ID; Social Security cards for all members of the family

Hours: Mon - Fri 9:00am - 3:30pm

Area served: Fort Bend

Languages: Spanish

### **St. Vincent de Paul Society Richmond Food Pantry**

410 Clay

Richmond, TX 77469

(281) 342-5092

Eligibility: Must reside in service area

Intake procedure: Walk-ins accepted; Agency referral; Assessment of needs

Documents required: Social Security card; Government documents; Driver's license or valid ID.

Hours: Sat 10:00am - 1:00pm

Languages: Spanish

## **Harris County**

### **Aldine Y.O.U.T.H.**

4700 Aldine Mail Route

Houston, TX 77039

(281) 449-4828

[www.aldineyouth.org](http://www.aldineyouth.org)

Eligibility: Call for information

Intake procedure: Walk-ins accepted

Hours: Mon -Thur 9:00am - 4:00pm

Area served: Aldine and surrounding areas

### **Bayshore Baptist Church Food Pantry**

11315 Spencer Highway

La Porte, TX 77571

[www.bayshorebc.org](http://www.bayshorebc.org)

(281) 471-0332

Intake procedure: Walk-ins accepted

Documents required: Valid ID; Proof of address; Utility bill

Hours: Wed 9:00am - 3:00pm

### **Bellfort Seven Day Adventist Church**

5878 Bellfort

Houston, TX 77033

[www.bellfortsda.org](http://www.bellfortsda.org)

(713) 738-0840

Intake procedure: Walk-ins accepted

Intake procedure: Referral, appointment preferred, Walk-ins accepted

Documents required: Social Security Card for every family member; Paycheck stub if employed; Proof of residence

Hours: 3rd Sun 10:00am - Noon

Area served: Zip Codes 77021, 77033, 77036, 77048

### **Beneke Memorial United Methodist Church**

9104 Harrell

Houston, TX 77093

(713) 695-2582

Eligibility: Have no food or funds; May use one time per month; Reside in service area

Documents required: Social Security card; Driver's license or valid ID; Utility bill; Child's birth certificate

Hours: Wed 8:30am - 10:30 am

Area served: Zip Codes: 77016, 77037, 77039, 77050, 77076, 77093

Languages: Spanish

### **Braes Interfaith Ministries**

4300 West Bellfort

Houston, TX 77035

[www.braesinterfaithministries.com](http://www.braesinterfaithministries.com)

(713) 723-2671

Intake procedure: Emergency walk-ins accepted

Documents required: Valid ID; Proof of address; Social Security card(s) for all household members

Eligibility: Call for information

Hours: Mon Wed Fri 10:00am - 2:00pm

Languages: American Sign Language; Spanish  
Area served: Zip Codes 77025, 77035, 77045, 77051, 77053, 77054, 77071, 77085, 77096

Site Hours: Mon Wed Fri 10:00am - 2:00pm

Languages: Spanish

### **Brentwood Community Foundation Project WAITT**

13033 1/2 Landmark Street  
Houston, TX 77045  
[www.brentwoodfoundation.org](http://www.brentwoodfoundation.org)

(713) 852-2551 Main

(713) 852-2550 Main

Documents required: Documentation of HIV status; Valid ID; Proof of address (lease agreement, mortgage coupon); Proof of income (award letter, check stubs); Current utility bills  
Eligibility: HIV+

Hours: Mon - Fri 9:00am - 5:00pm

Languages: Spanish

**Catholic Charities of the Archdiocese of Galveston-Houston**

**Guadalupe Area Social Services**

326 South Jensen

Houston, TX 77003

[www.catholiccharities.org](http://www.catholiccharities.org)

(866) 649-5862

Documents required: Driver's license or valid ID; Birth certificate; Proof of address; Proof of income

Eligibility: Call for information

Hours: Mon - Fri 8:00am - 12:00pm & 2:00pm - 6:00pm

Languages: Spanish

**Christian Community Service Center**

3434 Branard

Houston, TX 77027

[www.ccschouston.com](http://www.ccschouston.com)

(713) 871-9741 Main

(713) 961-1548 Fax

Intake procedure: Interview required; First come, first served

Documents required: Proof of residency; Photo ID; Proof of crisis

Eligibility: Low-income ; Reside in service area

Hours: Mon - Fri 10:00am - 2:00pm; Sat 9:00am - Noon

Area served: Zip Codes 77002, 77003, 77004, 77005, 77006, 77007, 77011, 77012, 77019, 77020, 77021, 77023, 77025, 77026, 77027, 77030, 77046, 77056, 77057, 77081, 77096, 77098, 77401,

**Christian Community Service Center, Inc. Gethsemane United Methodist Church**

6856 Bellaire Boulevard

Houston, TX 77074

(713) 871-9741

Intake procedure: Interview required; First come, first served

Documents required: Proof of residency; Photo ID; Proof of crisis

Eligibility: Low-income ; Reside in service area

Site Hours: Mon & Tues 10:00am - 2:00pm;

Thurs 3:00pm - 6:00pm

**The Christian Outreach Center**

4333 West Little York Road

Houston, TX 77091

[www.cochouston.com](http://www.cochouston.com)

(713) 683-0847

Documents required: Valid ID; Proof of address; Utility bill; Proof of income; Social Security card; Valid ID on all dependents

Eligibility: Low-income; must live in service area

Hours: Mon & Wed 1:30pm - 3:30pm

Area served: Zip Codes 77088, 77091, 77018, 77066, 77040, 77092

**Churches United in Caring**

944 Church Street

Crosby, TX 77532

(281) 328-3178

Intake procedure: Walk-ins accepted

Documents required: Three forms of ID - utility bill, rent receipt, Texas Driver's license; Proof of residence; Social Security card

Hours: Mon Wed Fri 10:00am - 11:30am

Area served: Zip Codes 77532, 77336

**Community Family Centers**

7524 Avenue E

Houston, TX 77012

[www.communityfamilycenters.org](http://www.communityfamilycenters.org)

(713) 923-2316 Main

(713) 923-4243 Fax

Intake procedure: Walk-ins accepted; Will be seen by appointment

Documents required: First visit: Valid ID; Proof of address; Proof of income  
Eligibility: Low income  
Hours: Mon - Thurs 8:00am - 4:00pm  
Area served: Harris county  
Languages: Spanish

**Community Fellowship Baptist Church**

2500 Campbell  
Houston, TX 77026  
(713) 228-7543  
Eligibility: Minimum age 55 or disabled  
Intake procedure: Referral; Appointment required  
Documents required: Social Security Card  
Hours: Wed Fri 10:00am - 2:00pm; Sat by appointment  
Area served: Zip Codes: 77020, 77021, 77026  
Languages: Spanish

The Community of Faith  
1023 Pinemont  
Houston, TX 77018  
[www.jamesdixonministries.org](http://www.jamesdixonministries.org)  
(713) 688-2900 Main  
(713) 688-3682 Fax  
Intake procedure: Walk-ins accepted  
Documents required: Social Security card; Valid ID; Utility bill  
Hours: Wed & Thur 10:00am - Noon  
Area served: Zip Codes 77008, 77018, 77022, 77091, 77092

**Cypress Assistance Ministries**

11202 Huffmeister Road  
Houston, TX 77065  
[www.cypressassistanceministries.org](http://www.cypressassistanceministries.org)  
(281) 955-7684  
Eligibility: Must reside in zip codes area  
Intake procedure: Appointment required  
Documents required: Utility bill; All award letters and sources of income, WIC, TWC, TANF, social security, Supplemental Security Income, Social Security Disability and child support; Valid Texas ID; Social Security card  
Hours: Mon - Thur 10:00am - 2:00pm

Area served: Zip Codes 77065, 77429, 77433, 77447

**De Madres a Madres, Inc.**

1108 Paschall  
Houston, TX 77009  
[www.demadres.org](http://www.demadres.org)  
(713) 223-2432 Main  
(713) 223-0240 Fax  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Proof of address  
Hours: Tues - Fri 9:00am - 1:00pm  
Area served: Zip Codes 77007, 77008, 77009, 77022, 77026  
Languages: Spanish

**East Spring Branch Food Pantry**

**Holy Cross Lutheran Church**

7901 Westview  
Houston, TX 77055  
(713) 464-0852  
Eligibility: Proof of residence; Must reside in service area  
Intake procedure: Call for appointment; Walk-ins accepted  
Documents required: Valid ID; Proof of address  
Hours: Tues Thur 11:00am - 2:00pm; Sat 10:00am - Noon  
Area served: Zip Codes 77024, 77043, 77055

**ECHOS**

**Iglesia Episcopal Santa Maria Virgen**

9600 Huntington Place  
Houston, TX 77099  
(713) 270-0369  
Eligibility: One grocery order per household  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID and information on everyone in the household; Bring grocery bags or boxes to carry food  
Hours: 8:30am - 10:30am  
Area served: Harris county

**Emergency Aid Coalition**

5401 Fannin  
Houston, TX 77004

[www.eachouston.org](http://www.eachouston.org)

(713) 528-3663 Main

(713) 526-5135 Alternate

(713) 528-2650 Fax

Intake procedure: Walk-ins accepted

Documents required: current photo ID, current lease or utility bill, children's birth certificates;

Harris County resident

Hours: Mon 5:30pm - 8:30pm

Languages: Spanish

**Fair Haven United Methodist Church**

**Food Pantry**

1330 Gessner

Houston, TX 77055

(713) 467-4363

Intake procedure: Walk-ins accepted

Documents required: Photo ID; Proof of address within last 30 days; Proof of income;

Utility bill; Rent lease with paid receipt

Hours: Mon - Fri 10:00am - 2:00pm

Area served: Zip Codes: 77024, 77027, 77043, 77055, 77056, 77079, 77080, 77041; Carverdale area only

**Faith Presbyterian Church**

1715 Market Street

Baytown, TX 77523

(281) 422-2938

Intake procedure: Must be referred by Love Inc.

Documents required: Proof of address

Hours: Mon - Fri 8:00am - Noon

Area served: Baytown

**Farrington Mission Center**

3625 Gager Street

Houston, TX 77093

(713) 694-3580

Intake procedure: Walk-ins accepted

Documents required: Valid ID with current address and 2 utility bills or lease with same names & addresses listed

Eligibility: Reside in zip code 77093 or 77016

Hours: Mon 6:00pm - 8:00pm

Languages: Spanish

**First Baptist North Houston Food Pantry**

4422 Lauder

Houston, TX 77093

(281) 442-4357

Eligibility: Call for information

Intake procedure: Emergency walk-ins accepted; Call for information

Documents required: Two proofs of address with same name on both; Social Security card for every family member registered; Proof of income

Hours: Mon 9:30am - 11:15am

Area served: Zip Codes: 77032, 77039, 77093, 77050, 77078, 77060, 77016

**Galena Park Food Pantry**

1702 3rd Street

Galena Park, TX 77547

(713) 678-3118

Intake procedure: Emergency walk-ins accepted

Documents required: Valid ID

Eligibility: Call for information

Hours: Thur 9:00am - 11:00am

Area served: 77547

**Grace United Methodist Church - Heights**

1245 Heights Boulevard

Houston, TX 77008

(713) 862-8884 Main

(713) 861-4927 Fax

Intake procedure: Emergency walk-ins accepted

Documents required: Driver's license or valid ID; Proof of current address

Eligibility: Must reside in service area

Hours: Thur 2:00pm - 4:30pm

**Greater Law Church of God in Christ**

4807 Wayne

Houston, TX 77026

(713) 672-2817

Intake procedure: Walk-ins accepted

Documents required: Application

Eligibility: Must reside in service area; Call for information

Hours: 2nd and 4th Tues 2:00pm - 3:30pm

Area served: Zip Codes: 77026

**Greater Mount Zion Missionary Baptist Church  
Annette Strawder here to Help Pantry**

835 West 23rd Street

Houston, TX 77008

(713) 692-8413

Documents required: Valid ID or Driver's License

Languages: Spanish not spoken - must speak English or have an interpreter

Hours: 10:00am - 2:00pm Tuesday

**Greater St. Matthew Baptist Church**

7701 Jutland

Houston, TX 77033

(713) 734-5736

Eligibility: Resident of service area

Intake procedure: Call for information; Walk-ins accepted

Documents required: Proof of address; Social security card; Valid ID

Hours: Fri 9:00am - 12:00pm

Area served: Zip Codes 77033, 77051 (between Scott and Cullen)

**Greater Zion Missionary Baptist Church**

3202 Trulley Street

Houston, TX 77004

(713) 659-7734

Eligibility: Resident of service area

Intake procedure: Referrals only (2-3 referrals daily)

Hours: Tues 10:00am - 2:00pm

Area served: Zip Code 77004

**Gulf Coast Community Services Association**

**Good Neighbor Food Pantry**

9320 Kirby Drive

Houston, TX 77054-2515

[www.gccsa.org](http://www.gccsa.org)

(713) 393-4700 Main

(713) 393-4751 Fax

Intake procedure: Call for appointment

Documents required: Valid ID; Social Security card for all family members; Proof of income for 90 days prior to service request

Hours: Mon Wed Fri 10:00am - 5:00pm; Tue

Thur 10:00am - 6:00pm

Area served: Harris county

Languages: Spanish, Vietnamese

**Gulf Coast Community Services Association**

**J.D. Walker Multi-Service Center**

**Good Neighbor Food Pantry**

7613 Wade Road

Baytown, TX 77521

[www.gccsa.org](http://www.gccsa.org)

(281) 426-4757 Main

(713) 393-4751 Fax

Intake procedure: Call for appointment

Documents required: Valid ID; Social Security card for all family members; Proof of income for 90 days prior to service request

Hours: Mon Wed Fri 10:00am - 5:00pm; Tue Thur 10:00am - 6:00pm

Area served: Harris county

**Hebron Seventh Day Adventist Church**

7902 Wheatley

Houston, TX 77088

(281) 931-6021 Main

Eligibility: Call for information

Hours: Wed 12:30pm

Area served: Serves all areas

**House of Amos**

8030 Boone Road

Houston, TX 77072

[www.houseofamos.org](http://www.houseofamos.org)

(281) 495-9061

Intake procedure: Call for appointment; Walk-ins accepted; Call for information

Documents required: Valid ID; Proof of address or utility bill

Hours: Mon - Thur 9:00am - Noon; Sat 9:00am - Noon

**Houston's First Baptist Church**

**Mission Training Center**

8009 Long point

Houston, TX 77055

[www.houstonfirst.org](http://www.houstonfirst.org)

(713) 554-8801  
Eligibility: Call for information

**Humble Area Assistance Ministries**

1302 First Street  
Humble, TX 77338  
[www.haaministries.org](http://www.haaministries.org)

(281) 446-3663  
Eligibility: Call for information  
Hours: Mon - Thur 10:00am - 2:00pm  
Area served: 77336, 77338, 77339, 77345,  
77346, 77347, 77357, 77365, 77396, 77372,  
77532  
Languages: Spanish

**Jordan Grove Baptist Church**

2603 Anita  
Houston, TX 77004  
[www.jordangrove.org](http://www.jordangrove.org)

(713) 522-8000 Main  
Intake procedure: Walk-ins accepted  
Documents required: TX driver's license; Utility  
bill; Proof of address; Social Security number  
Hours: Wed 8:30am - 11:00am  
Area served: Zip Code 77004, other zip codes  
served on an emergency basis

**Julia C. Hester House, Inc.**

2020 Solo  
Houston, TX 77020  
[www.jchesterhouse.org](http://www.jchesterhouse.org)

(713) 672-2573  
Intake procedure: Emergency walk-ins accepted  
Documents required: Valid TX Driver's License;  
Social Security card; Birth Certificate; Utility Bill  
Eligibility: Individuals and families in crisis  
Hours: Fri 9:00am - Noon  
Languages: Spanish

**Katy Christian Ministries**

5th Street Katyland Drive  
Katy, TX 77493  
[www.ktcm.org](http://www.ktcm.org)

(281) 391-3730 Main  
Intake procedure: Emergency walk-ins  
accepted; Interview at social services program

Eligibility: Reside in service area  
Hours: Mon - Wed 9:30am - 4:00pm; Thur  
1:00pm - 6:00pm; Fri 9:30am - 3:00pm

**Larkin Community Center**

5414 Larkin  
Houston, TX 77007  
[www.mdumc.org/serve/larkin.asp](http://www.mdumc.org/serve/larkin.asp)

(713) 869-9143  
Intake procedure: Walk-ins accepted  
Documents required: Utility bills; Rent or  
mortgage statement; Proof of address  
Hours: Tues 9:00am - Noon  
Area served: Zip Codes: 77007, 77008  
Languages: Spanish

**Leap of Faith Ministries**

4727 Selinsky Road  
Houston, TX 77048  
(713) 987-4623 Main  
(713) 469-2578 Alternate  
Intake procedure: Call for appointment  
Documents required: Valid ID; Proof of address;  
Application  
Hours: Mon - Fri 9:00am - 3:00pm  
Area served: Harris county

**MANNA (Ministry Assistance of the Near  
Northwest Alliance)**

2101 West 34th Street  
Houston, TX 77018  
(713) 682-7556  
Intake procedure: Call for information; Walk-ins  
accepted  
Documents required: Social Security card for  
everyone in household; Picture ID for applicant  
Hours: Mon Tues & Thur 9:30am -11:30am

**Manna House Third Ward Pantry**

3118 ½ Blodgett Street  
Houston, TX 77004  
(713) 529-3381  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Proof of address;  
Proof of income  
Eligibility: Low-income

Hours: Thur & Fri 9:00am - 1:00pm  
Area served: Zip Code 77004

**Mission Bells Food Pantry**

14700 Bellaire Boulevard  
Houston, TX 77083  
(281) 530-1675  
Intake procedure: Walk-ins accepted  
Documents required: Proof of address; Valid ID  
Hours: Wed 6:00pm - 8:00pm; Tues Thur Sat  
10:00am - Noon  
Area served: Zip Codes 77072, 77082, 77083,  
77478

**Mission Greenspoint**

243A Greens Road  
Houston, TX 77060  
(281) 872-1422  
Intake procedure: Call for appointment  
Eligibility: Must reside in service area  
Hours: Call for information  
Languages: Spanish

**Missouri Street Church of Christ**

3400 S. Business Highway 146  
Baytown, TX 77523  
(281) 427-0459  
Eligibility: Call for information; One person per  
household  
Intake procedure: Referrals; Walk-ins accepted  
Documents required: Current proof of address;  
Driver's license or valid ID; Other ID;  
Hours: Tues Thur 5:00pm - 6:00pm  
Area served: Zip Codes 77520, 77521, 77522  
Languages: Spanish

**Mt. Vernon United Methodist Church**

2723 Burnett Court  
Houston, TX 77020  
[www.gbkm-umc.org/mtvernonhou](http://www.gbkm-umc.org/mtvernonhou)  
(713) 229-9846  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Social Security  
card; Proof of address  
Hours: 2nd and 4th Tue and Wed of the month  
10:00am - 2:00pm

Area served: Zip Codes 77020, 77026

**My Brother's Keeper Outreach Center**

12713A Bissonnet Street  
Houston, TX 77099  
[mybkoutreach.org](http://mybkoutreach.org)  
(281) 498-9933 Main  
(281) 498-9944 Fax  
DESCRIPTION: Provides a food pantry to those  
in need.  
Intake procedure: Call for information  
Documents required: Current lease or  
mortgage statement; Valid picture ID; Social  
Security card for each family member; Proof of  
all income; Award letter for food stamps, SSI,  
etc.  
Hours: Mon Wed Fri 10:00am - 2:00pm  
Area served: Harris

**Neighborhood Centers Inc.**

**Cleveland-Ripley Community Center**

720 Fairmont Parkway  
Pasadena, TX 77504  
[www.neighborhood-centers.org](http://www.neighborhood-centers.org)  
(713) 944-9186 Main  
(713) 944-6128 Fax  
Intake procedure: Call for days and times  
Documents required: Valid ID; Proof of income  
Area served: Pasadena  
Languages: Spanish

**Neighborhood Centers Inc.**

**La Porte Community Center**

526 San Jacinto  
La Porte, TX 77571  
[www.neighborhood-centers.org](http://www.neighborhood-centers.org)  
(281) 471-1824 Main  
(281) 471-2977 Fax  
Intake procedure: Call for days and times  
Documents required: Valid ID; Proof of income  
Area served: Zip Codes 77536, 77571, 77572,  
77586  
Languages: Spanish

**Norris Chapel United Methodist Church**

7415 St. Lo Road

Houston, TX 77033  
(713) 733-7856  
Eligibility: Must reside in service area  
Intake procedure: Walk-ins accepted  
Documents required: Proof of residence  
(driver's license, utility bill)  
Hours: 1st and 3rd Wed 10:00am - 11:00am  
Area served: Zip Codes: 77033

**North Central Baptist Church**

2102 Tidwell  
Houston, TX 77093  
(713) 692-6316 Main  
(713) 692-2196 Fax  
Eligibility: Low-income; No limit to families  
served as long as they meet requirements  
Intake procedure: Emergency walk-ins  
accepted; Call for information  
Documents required: Valid ID; Proof of address;  
Proof of income  
Hours: Tues 5:00pm - 7:00pm  
Languages: Spanish

**North Channel Assistance Ministries**

13837 1/2 Bonham  
Houston, TX 77015  
(713) 453-8028  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; TANF or Food  
Stamp award letter; Proof of income; Proof of  
address; Shot records or birth certificates for  
children  
Eligibility: Call for information; Minimum age 18  
Hours: Mon - Fri 8:00am - 2:00pm  
Area served: Zip Codes 77013, 77015, 77029,  
77044, 77049, 77078, 77530  
Languages: Spanish

**Northwest Assistance Ministries**

15555 Kuykendahl Road  
Houston, TX 77090  
[www.namonline.org](http://www.namonline.org)  
(281) 583-5600  
Intake procedure: Walk-ins accepted for food  
pantry  
Eligibility: Must reside in service area

Hours: - Thur 8:00am - 5:00pm; Fri 8:00am -  
4:00pm  
Languages: Spanish

**Notre Dame Catholic Church**

7720 Boone Road  
Houston, TX 77072  
[www.notredamechurch.org](http://www.notredamechurch.org)  
(281) 498-4653  
Intake procedure: Call for application  
Eligibility: Minimum age 60 or disabled living on  
a limited income  
Hours: Tues Wed Thurs 9:00am - Noon

**Our Lady of Guadalupe Church**

1124 Beech  
Baytown, TX 77523  
(281) 428-1506  
Eligibility: Based on income and family size  
Intake procedure: Call for information; Call for  
appointment  
Documents required: Valid ID; Proof of address;  
Utility bill; Proof of income  
Hours: Thur 10:00am - Noon; Fri 4:00pm-  
7:00pm  
Area served: Zip Codes: 77520, 77521, 77530,  
77532, 77562  
Languages: Spanish

**Our Lady Star of the Sea**

1401 Fidelity  
Houston, TX 77029  
(713) 674-6620  
Intake procedure: Emergency walk-ins accepted  
Documents required: Proof of address; Valid ID  
Hours: Tues Thur 9:00am - 11:00am Every other  
week  
Area served: Zip Codes 77013, 77015, 77029

**Prince of Peace Catholic Church**

19222 State Highway 249  
Houston, TX 77070  
(281) 469-2686 ext. 238  
Intake procedure: Walk-ins accepted  
Documents required: Proof of address; Proof of  
income; Proof of need

Hours: Emergency food Mon - Thur 8:30am - 8:30pm  
Area served: Zip Codes 77064, 77066, 77070, parts of 77065, 77068, 77014, 77069

**Queen of Peace Catholic Church**

3011 Telephone  
Houston, TX 77023  
(713) 921-6127  
Intake procedure: Walk-ins accepted  
Documents required: Proof of address  
Hours: Tues 10:00am - Noon  
Area served: Zip Codes 77023, 77087  
Languages: Spanish

**Restoration Assistance Ministries**

1369 Spears Road  
Houston, TX 77067  
(281) 873-4726  
Intake procedure: Call for appointment; Walk-ins accepted  
Documents required: Valid ID; Proof of address; Utility bill; Proof of income; Social Security card(s); Lease if living in apartment  
Hours: Mon - Wed 10:00am - 2:00pm

**Resurrection Metropolitan Community Church**

2025 West 11th Street  
Houston, TX 77008  
[www.resurrectionmcc.org](http://www.resurrectionmcc.org)  
(713) 861-9149  
Documents required: Valid ID  
Hours: Call for appointment  
Area served: No area restrictions

**Riceville Mt. Olive Baptist Church**

11231 South Gessner Road  
Houston, TX 77071  
[www.riceville.org](http://www.riceville.org)  
(713) 774-4880  
Intake procedure: Applications must be filled out completely  
Hours: 1<sup>st</sup> and 2<sup>nd</sup> Wednesday at 6:30pm  
Area served: Houston, Missouri City, Sugarland

**South Park Baptist Church**

5830 Van Fleet  
Houston, TX 77033  
(713) 644-1666 Main  
Eligibility: Low-Income; Reside in service area; Minimum age 60  
Intake procedure: Walk-ins accepted; Referrals  
Documents required: Food stamp or social security award letter; Medicaid; Social Security number; Proof of address  
Hours: Wed 10:00am - 2:00pm  
Area served: Zip Code 77033  
Languages: Spanish, French, Haitian

**South Side Church of Christ**

13835 Buxley  
Houston, TX 77045  
(713) 434-8111  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Proof of address; Proof of income  
Eligibility: Zip Codes 77035, 77045, 77047, 77053, 77055  
Hours: 4th Saturday 9:00am - 1:00pm

**South Union Church of Christ**

3601 Lydia  
Houston, TX 77021  
[www.southunioncoc.org](http://www.southunioncoc.org)  
(713) 747-7002  
Intake procedure: Walk-ins accepted  
Documents required: Driver's license or valid ID; Proof of address; Social Security card  
Eligibility: Reside in service area  
Hours: Tue 10:00am - 12:00pm

**Southeast Area Ministries**

2102 Houston Boulevard  
South Houston, TX 77587  
(713) 944-0093 Main  
(713) 944-9379 Alternate  
Eligibility: Must reside in service area; Meet income guidelines; Minimum age 65 or disabled for monthly assistance  
Intake procedure: Walk-ins accepted; Referrals  
Documents required: Proof of address; Driver's license or valid picture ID; Social Security

number for each family member or Birth Certificate  
Hours: Mon - Thur 10:00am - 1:30pm  
Area served: Zip Codes 77017, 77034, 77061, 77075, 77087, 77089, 77504, 77587  
Languages: Spanish

**Spring Assistance Ministries**

810 East Louetta  
Spring, TX 77373  
[www.springassistanceministries.org](http://www.springassistanceministries.org)  
(281) 353-4480  
Intake procedure: Call for information  
Documents required: Texas drivers license; Utility bill  
Eligibility: Must reside in service area  
Hours: Mon 1:00pm - 3:00pm; Wed 9:00am - 11:30am; Thur 1:00pm - 3:00pm  
Area served: 77073, 77090, 77338, 77373, 77380, 77381, 77382, 77386, 77388, 77389

**St. Bernadette Christian Action**

15500 El Camino Real  
Houston, TX 77062  
[www.stbchurch.org](http://www.stbchurch.org)  
(281) 486-0337 ext. 301  
Intake procedure: Walk-ins accepted  
Documents required: Drivers license or valid ID; Current lease or proof of residence  
Eligibility: Resident of 77058, 77059, 77062, 77586, or 77098 zip codes. If caller is from 77586, referral required from Seabrook United Methodist Church and Interfaith Caring Ministries  
Hours: Mon - Thur 9:30am - 11:30am  
Languages: English & Spanish (on most days)

**St. Charles Borromeo**

501 Tidwell  
Houston, TX 77022  
(713) 692-6303 Main  
(713) 692-6314 Fax  
Intake procedure: Walk-ins accepted  
Documents required: Proof of address; Utility bill; Drivers license or valid ID; Social Security card for each family member served

Hours: Sat 7:30am - 10:00am  
Area served: Zip Codes: 77022, 77076, 77093  
Languages: Spanish

**St. Christopher Catholic Church**

8150 Park Place  
Houston, TX 77017  
[www.stchristopherhouston.org](http://www.stchristopherhouston.org)  
(713) 645-6614  
Intake procedure: Only take 40 requests per week; Call or walk-in to pre-register Mon - Thur 9:30am - 8:00pm; Fri 9:30 - Noon  
Documents required: Current proof of address; Valid picture ID  
Eligibility: Serves parts of zip codes 77012, 77017, 77061, 77087 within parish boundaries  
Hours: Sat 9:30am - 11:00am  
Languages: Spanish; Vietnamese (with translator)

**St. Francis of Assisi**

5100 Dabney  
Houston, TX 77026  
(713) 673-7737  
Eligibility: Must reside in service area  
Intake procedure: Call for appointment; Walk-ins accepted  
Documents required: Driver's license or valid ID; Proof of income and residence; Social Security cards and birth certificate of family members 19 years and younger  
Hours: Mon-Thur 7:00am-Noon  
Area served: Zip Code 77026

**St. Francis Xavier**

4600 Reed Road  
Houston, TX 77051  
[www.sfxhouston.org](http://www.sfxhouston.org)  
(713) 731-2716 Main  
(713) 738-3337 Fax  
Intake procedure: Call for appointment; Walk-ins accepted  
Documents required: Proof of income; Proof of address  
Eligibility: Must reside in service area  
Hours: Mon - Fri 8:00am - 10:00am

Area served: Zip Codes 77051, 77048, 77033

**St. Giles Presbyterian Church**

5900 Pinemont Drive  
Houston, TX 77092  
(713) 680-9976  
Eligibility: Unemployed, assisted one time a month  
Intake procedure: Walk-ins accepted  
Documents required: Call for information  
Hours: Mon - Tues 10:00am - 1:00pm; Fri 10:00am - Noon  
Area served: Zip Codes: 77040, 77088, 77091, 77092

**St. Jerome's Vincentian Center**

8825 Kempwood Drive  
Houston, TX 77080  
(713) 468-5910  
Eligibility: Unemployed or underemployed  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Proof of address; Birth certificates for all household members seeking assistance  
Hours: Mon - Thur 9:30am - Noon  
Area served: Zip Codes 77041, 77043, 77080, parts of 77055 (north of Long Point only)  
Languages: Spanish

**St. John Vianney Social Ministry**

625 Nottingham Oaks Trail  
Houston, TX 77079  
[www.stjohnvianney.org](http://www.stjohnvianney.org)  
(281) 497-4434  
Documents required: Drivers license or valid picture ID; Proof of address (copy of lease); Proof of income; Utility bill  
Eligibility: Must reside in service area or be a registered parishioner  
Hours: Mon - Fri 9:00am - 11:00am  
Area served: Zip Codes 77077 and 77079, or a registered parishioner  
Languages: Spanish

**St. Joseph Social Ministry**

1505 Kane

Houston, TX 77007  
[www.stjosephparish.cc](http://www.stjosephparish.cc)  
(713) 222-8903  
Intake procedure: Call for information  
Documents required: Valid ID; Proof of address; Proof of income  
Hours: Mon - Fri 9:00am - Noon, 1:00pm - 4:00pm  
Area served: Zip Codes: 77007, 77009

**St. Justin Martyr Social Ministry**

13350 Ashford Point Drive  
Houston, TX 77082  
[www.simtx.org](http://www.simtx.org)  
(281) 556-6882  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Lease agreement; Proof of address; Proof of income  
Eligibility: Must reside in service area  
Hours: Mon Wed Fri 10:00am - 1:00pm  
Area served: Zip Codes 77077, 77082, 77083

**St. Mary Magdalene Social Services**

527 South Houston Avenue  
Humble, TX 77338  
(281) 540-1907  
Intake procedure: Walk-ins only  
Documents required: Verification of food stamp eligibility; TX drivers license or valid ID  
Eligibility: Must reside in service area  
Hours: Mon Wed Fri 10:00am - Noon  
Area served: Zip Codes 77346, 77396, parts of 77338 (east of Lee road)  
Languages: German, Spanish

**St. Matthew the Evangelist Catholic Church**

9915 Hollister  
Houston, TX 77040  
[www.stmatthewhou.org](http://www.stmatthewhou.org)  
(713) 466-4099 Main  
(713) 896-7235 Fax  
Intake procedure: Call for appointment  
Documents required: Valid ID; Utility bill; Application  
Eligibility: Must reside in zip code 77040  
Hours: Mon & Wed 10:00am-2:00pm

Area served: Zip Codes 77040, 77088, 77086

**St. Pius Catholic Church**

824 Main  
Pasadena, TX 77506  
[www.stpiusvchurch.com](http://www.stpiusvchurch.com)  
(713) 473-9484 ext. 316

Intake procedure: Call for appointment  
Documents required: Social Security card; Valid ID; Lonestar card; Proof of address  
Eligibility: Must reside in service area  
Hours: Tues & Wed 2:00pm - 4:00pm  
Area served: Pasadena, Deer Park, City of South Houston (77587) and Galena Park (77547)  
Languages: Spanish

**St. Stephen Presbyterian Church**

2217 Theta Street  
Houston, TX 77034  
(713) 946-4006  
Intake procedure: Registration required; Walk-ins accepted for 1st time clients  
Documents required: Proof of address; Valid ID; Proof of income  
Eligibility: Based on income and family size  
Hours: 9:00am - 11:00am 3rd Fri of each month  
Area served: Zip Codes: 77017, 77034, 77075, 77089, 77587  
Languages: Spanish

**St. Thomas Presbyterian Church**

14100 Memorial Drive  
Houston, TX 77079  
(281) 497-4846  
Intake procedure: Call for appointment  
Documents required: Social Security card; Green card  
Hours: Mon - Thur 9:00am - Noon  
Area served: Zip Codes: 77079

**St. Vincent de Paul Society of St. Bartholomew Catholic Church**

5356 11th Street  
Katy, TX 77493  
(281) 391-1540  
Eligibility: Must reside in service area

Intake procedure: Must contact Katy Christian Ministries first  
Hours: Tues Thur 6:00pm - 8:00pm  
Area served: Katy  
Languages: Spanish

**Target Hunger**

**Berea Missionary Baptist Church**

11507 Homestead  
Houston, TX 77016  
(281) 449-1859  
Documents required: Valid photo ID; Utility bill; Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty limits

**Target Hunger**

**Denver Harbor Multi-Service Center**

6402 Market  
Houston, TX 77020  
(713) 670-2102  
Documents required: Valid photo ID; Utility bill; Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty limits

**Target Hunger**

**Greater True Vine Missionary Baptist Church**

3010 Fontinot  
Houston, TX 77026  
(713) 672-9086  
Documents required: Valid photo ID; Utility bill; Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty limits

**Target Hunger**

**Langston Family Life Center**

2814 Quitman  
Houston, TX 77026  
(713) 226-4953  
Documents required: Valid photo ID; Utility bill; Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty limits

**Target Hunger**

**Law Memorial Church of God In Christ**

4807 Wayne  
Houston, TX 77026  
(713) 670-8335

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**Target Hunger**

**Mt. Vernon United Methodist Church**

2723 Burnett Court  
Houston, TX 77020  
(713) 229-9846

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**Target Hunger**

**Our Mother of Mercy Catholic Church**

2007 Granger  
Houston, TX 77020  
(713) 672-0026

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**Target Hunger**

**St. Francis of Assisi Catholic Church**

5102 Dabney  
Houston, TX 77020  
(713) 673-7737

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**Target Hunger**

**St. Peter Claver**

6005 North Wayside  
Houston, TX 77028  
(713) 672-0804

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**Target Hunger**

2814 Quitman  
Houston, TX 77026  
[www.targethunger.org](http://www.targethunger.org)

(713) 226-4953 Main  
(713) 226-4954 Alternate

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

Area served: Zip Codes 77016, 77020, 77026,  
77028, 77078

Languages: Spanish

**Target Hunger**

**The Island of Hope Church of God In Christ**

1508 Gregg Street  
Houston, TX 77020  
(713) 222-0373

Documents required: Valid photo ID; Utility bill;  
Rent receipt; Proof of any income received  
Eligibility: Must meet federal income poverty  
limits

**The Salvation Army**

**Pasadena Community Center/Boys & Girls  
Club**

2732 Cherrybrook Lane  
Pasadena, TX 77502  
[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)

(713) 378-0020 Main  
(713) 378-0018 Fax

Intake procedure: Emergency walk-ins accepted  
Documents required: Valid ID; Two forms of ID  
Eligibility: Must go to the food stamp office first  
Hours: Mon - Fri 8:30am - 3:00pm

Area served: Cities: Baytown, Channelview, La  
Porte, Pasadena, Webster

Languages: Spanish

**The Salvation Army - Greater Houston Area Command**

**Social Service Center**

2208 Main Street  
Houston, TX 77002

[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)

(713) 658-9205 Main

(713) 658-9206 Fax

Intake procedure: Call for appointment

Hours: Mon - Fri 8:00am - 5:00pm

Area served: Harris county

The Salvation Army Community Center(West Houston)

5757 Ranchester, Suite 1900

Houston, TX 77036

[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)

(713) 988-5201 Main

(713) 988-5644 Fax

Intake procedure: Emergency walk-ins accepted

Documents required: Valid ID; Two forms of ID

Eligibility: Must go to the food stamp office first

Hours: Mon - Fri 8:30am - 3:00pm

Area served: Houston

**Tomball Emergency Assistance Ministries**

300 West Main

Tomball, TX 77375

[www.teamtomball.com](http://www.teamtomball.com)

(281) 351-6700

Eligibility: Must reside in service area

Intake procedure: Walk-ins accepted

Documents required: Proof of address; Social Security number

Hours: Tues and Fri only 10:00am - 2:00pm

Area served: Zip Codes: 77375 NOTE: Will serve 77362 and 77429 if inside Tomball Independent School District

**Uvalde Baptist Church**

901 Uvalde Road

Houston, TX 77015

[www.uvaldebaptist.org](http://www.uvaldebaptist.org)

(713) 453-2235

Intake procedure: Walk-ins accepted

Documents required: Proof of address

Hours: Food Pantry: 2nd Tues 8:00am-Noon;

Food Fair 4th Sat 8:00am - Noon

**Wesley Community Center, Inc.**

**Reba Veal Henderson Food Cooperative**

1235 Lorraine (Entrance on Gano)

Houston, TX 77009

[www.wesleyhousehouston.org](http://www.wesleyhousehouston.org)

(713) 222-8725

Fees: \$10 yearly registration fee; \$30 distribution fee for each visit

Intake procedure: Call for distribution reservation

Hours: Every other Thur 10:00am - 5:00pm

Area served: Houston

Languages: Spanish

**West Houston Assistance Ministries**

10501 Meadowglen Lane

Houston, TX 77042

[www.whamministries.org](http://www.whamministries.org)

(713) 977-9942

Intake procedure: Walk-ins accepted

Documents required: Valid ID; Proof of address ; Proof of income; Proof of crisis

Hours: Mon - Fri 10:00am - 2:00pm

Area served: Zip Codes: 77042, 77057, 77063, 77077, 77082

Languages: Spanish

**Westbury Church of Christ**

10424 Hillcroft

Houston, TX 77096

[www.westburycoc.com](http://www.westburycoc.com)

(713) 729-7880

Eligibility: Must reside in service area

Intake procedure: Walk-ins accepted; Referrals

Documents required: Driver's license or valid ID; Social Security number; Proof of address; Utility bill

Hours: Sat 10:00am - Noon

Area served: Zip Codes: 77036, 77081, 77096

Languages: Spanish

**West-Side Social Services**

1315 South Dairy Ashford

Houston, TX 77077

[www.westsidesocialservices.org](http://www.westsidesocialservices.org)

(281) 589-0130 Main

(281) 293-9677 Fax

Intake procedure: Call for information; Walk-ins accepted

Documents required: Valid ID; Proof of address; Utility bill; Application; Proof of income

Hours: Wed 1:00pm - 6:00pm; Fri 1:00pm - 3:00pm

Area served: Zip Codes 77042, 77077, 77079, 77082, 77083

**Windsor Village United Methodist Church  
Social Services Office**

12401 ½ South Post Oak Road

Houston, TX 77045

[www.kingdombuilder.com/Home.asp](http://www.kingdombuilder.com/Home.asp)

(713) 551-8792

Intake procedure: Call for application

Documents required: Valid ID; Social Security card for everyone in the household

Hours: Tues Wed 9:00am - 11:00am; Thur 10:30am - 12:30pm

Area served: Harris, Fort Bend Counties

## **Liberty County**

**Catholic Community of St. Joseph**

804 South Cleveland Street

Dayton, TX 77535

(936) 258-5808

Intake procedure: Walk-ins accepted

Documents required: Valid ID; Proof of address; Utility bill; Proof of income

Hours: Mon Wed 9:00am - Noon

Area served: Zip Code 77535

Languages: Spanish

**Operation Refuge, Inc.**

1625 N. Blair

Cleveland, TX 77327

(281) 592-6701 Main

(281) 592-0204 Alternate

Intake procedure: Call for application

Documents required: Valid ID; Proof of address; Proof of income

Hours: Mon Tues Thur Fri 11:00am - 1:30pm

**Repair the Breach Ministries**

1713 Lilley Avenue

Cleveland, TX 77327

[www.rtbm.thischurch.org](http://www.rtbm.thischurch.org)

(281) 593-3767 Main

(281) 592-1414 Fax

Documents required: Valid ID; Proof of address; Utility bill; Proof of income; Social Security card

Eligibility: Must have government assistance or Low-income

Hours: Mon - Wed 10:00am - 2:00pm

**Spirit of Sharing, Inc.**

405 Texas Avenue

Liberty, TX 77575

(936) 336-6602

Intake procedure: Emergency walk-ins accepted

Documents required: Utility bill; Social Security card; Proof of income; Verification of needs

Eligibility: Minimum age 18

Hours: Mon Wed Fri 10:00am - 3:00pm

Area served: Zip Codes 77575, 77561, 77535

Languages: Spanish

## **Montgomery County**

**Creative Outreach Ministries**

14699 Steede Road

Montgomery, TX 77356

[www.creativeoutreach.com](http://www.creativeoutreach.com)

(936) 441-5433

Intake procedure: Call for instructions on how to apply

Hours: Mon - Fri 10:00am - 5:00pm

Area served: Montgomery County

**First Christian Church**

3500 North Loop 336 West

Conroe, TX 77304

(936) 756-3554

Intake procedure: Walk-ins accepted

Hours: Wed 9:00am - Noon  
Area served: Conroe, Willis

**Gateway Baptist Food Pantry**

2930 Rayford Road  
Spring, TX 77386  
(281) 363-4500 Main  
(281) 363-0012 Fax  
Intake procedure: Walk-ins accepted  
Documents required: Valid ID; Proof of address;  
Application  
Eligibility: Must reside in service area  
Hours: Sat 9:00am - 11:00am  
Area served: Zip Codes 77373, 77378, 77380,  
77381, 77385, 77386, 77388, 77389

**Interfaith of the Woodlands**

4242 Interfaith Way  
The Woodlands, TX 77381  
[www.woodlandsinterfaith.org](http://www.woodlandsinterfaith.org)  
(281) 367-1230  
Eligibility: Must reside in service area and  
experience a documented financial crisis  
Intake procedure: Appointment required  
Hours: Mon - Fri 8:00am - 5:00pm  
Area served: Zip Codes 77380, 77381, 77382,  
77383, 77384, 77385, 77386, 77375, 77389,  
77354, 77355

**Martin Luther King Center**

603 South 6th Street  
Conroe, TX 77301  
(936) 788-2468  
Intake procedure: Call for application  
Hours: Mon - Fri 4:00pm - 8:00pm  
Area served: Duggan area in Conroe

**Montgomery Co. Emergency Assistance, Inc.  
Conroe Office**

1022 McCall Avenue  
Conroe, TX 77301  
[mcea-tx.org](http://mcea-tx.org)  
(936) 539-9211  
Eligibility: Low-income  
Intake procedure: Walk-ins accepted; Complete  
application; Interview with a caseworker

Documents required: Valid ID; Social Security  
card; Proof of income; Proof of need  
Area served: Montgomery County  
Languages: Spanish

**Montgomery Co. Emergency Assistance, Inc.  
Magnolia Office**

West Montgomery Co. Comm. Develop. Ctr  
31355 Industrial Lane, Suite 500  
Magnolia, TX 77355  
[mcea-mcha.org](http://mcea-mcha.org)  
(936) 539-9211 Main  
(936) 539-9211 Fax  
Eligibility: Low-income  
Intake procedure: Walk-ins accepted; Complete  
application; Interview with a caseworker  
Documents required: Valid ID; Social Security  
card; Proof of income; Proof of need  
Area served: Montgomery County  
Languages: Spanish

**Montgomery Co. Emergency Assistance, Inc.  
New Caney Office**

21130 Highway 59 North  
New Caney, TX 77357  
[mcea-mcha.org](http://mcea-mcha.org)  
(281) 577-8979  
Eligibility: Low-income  
Intake procedure: Walk-ins accepted; Complete  
application; Interview with a caseworker  
Documents required: Valid ID; Social Security  
card; Proof of income; Proof of need  
Area served: Montgomery County  
Languages: Spanish

**Montgomery Co. Emergency Assistance, Inc.  
Woodlands Office**

1600 Lake Front Circle, Suite 201  
The Woodlands, TX 77380  
[mcea-mcha.org](http://mcea-mcha.org)  
(281) 292-4155  
Eligibility: Low-income  
Intake procedure: Walk-ins accepted; Complete  
application; Interview with a caseworker  
Documents required: Valid ID; Social Security  
card; Proof of income; Proof of need

Area served: Montgomery County  
 Languages: Spanish

**Nourishment for the Needy**

27351 Blueberry Hill, Suite 46  
 Conroe, TX 77385  
 (281) 292-2695

Intake procedure: Call for application  
 Hours: Tues Thur 9:00am - 2:00pm  
 Area served: South Montgomery County

**Society of Samaritans**

31355 Friendship Drive Lane, Suite 500  
 Magnolia, TX 77355  
 (281) 259-8452

Intake procedure: Walk-ins accepted; Call for application  
 Documents required: Valid ID; Social Security card; Proof of address; Valid ID for children  
 Eligibility: Based on application and interview.  
 Hours: Mon Wed Fri 10:00am - 2:00pm; Tues Thur 10:00am - 4:00pm  
 Area served: Only the Magnolia Independent School District area of 77354, 77355, 77316, 77356, 77447, 77484

**St. John of the Cross**

2000 Loop 494  
 New Caney, TX 77357  
[www.stjohnofthecross.com](http://www.stjohnofthecross.com)  
 (866) 539-2938

Documents required: Proof of address; Social security card; Green Card; Drivers license  
 Eligibility: Low-income.  
 Hours: Mon & Thur 9:30am - 11:30am  
 Area served: Zip codes 77302, 77306, 77357, 77365, or 77372

**Tamina Community Center**

18955 Main  
 Conroe, TX 77385  
[www.taminacenter.org](http://www.taminacenter.org)  
 (281) 465-4646

Eligibility: Call for information  
 Documents required: Call for information  
 Hours: Mon - Fri 3:00pm - 6:00pm

**The Salvation Army Conroe Corps  
 Community Center/Boys & Girls Club**

304 Avenue E  
 Conroe, TX 77301  
[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)  
 (936) 760-2440

Intake procedure: Emergency walk-ins accepted  
 Documents required: Valid ID; Two forms of ID  
 Eligibility: Must go to the food stamp office first  
 Hours: Mon - Fri 8:30am - 3:00pm  
 Area served: Montgomery County  
 Languages: Spanish

**TLC Food Pantry**

110 W. Montgomery  
 Willis, TX 77378  
 (936) 443-0416  
 Documents required: Proof of address  
 Hours: Mon - Fri 10:00am - 1:00pm  
 Area served: Willis

## Waller County

**Brookshire-Pattison Food Pantry**

531 FM 359 South  
 Brookshire, TX 77423  
 (281) 822-4200  
 Eligibility: Emergency need  
 Intake procedure: Application needed; May receive assistance once a month  
 Documents required: Proof of address; Proof of income; Social Security Number; Valid ID  
 Hours: Mon Wed Thu Fri 9:00am - 11:30am  
 Area served: Zip Codes 77423, 77466 within the Royal Independent School District

**Community Outreach of Hempstead**

PO Box 161  
 Hempstead, TX 77445  
 (979) 826-3889  
 Documents required: Social Security number; Proof of address; TANF  
 Hours: Tues 10:00am - 2:00pm  
 Area served: Hempstead

**Titus Community Inc.**

**Chuck Wagon Ministry**

1234 FM 359 North

Brookshire, TX 77423

[www.tituscommunity.com/](http://www.tituscommunity.com/)

(281) 375-8864 Main

(832) 259-8864 Alternate

Eligibility: No restrictions

Intake procedure: Walk-ins accepted

Hours: Tues 1:00pm - 3:00pm

Area served: Brookshire

**Waller Assistance and Restoration Ministry**

31315 FM 2920, Suite 11

Waller, TX 77484

[www.wallerassistance.org](http://www.wallerassistance.org)

(936) 372-3025

Area served: Parts of Waller and Harris  
counties

Languages: Spanish

## **Walker County**

**Good Shepherd Mission**

1005 M.L.K.

Huntsville, TX 77320

[www.walkercountyonline.com/org/mission](http://www.walkercountyonline.com/org/mission)

(936) 291-8156

Eligibility: Resident of Walker County

Intake procedure: Walk-ins accepted

Documents required: Verification letter from  
TDHS; Social Security card; Long-term aid letter

Hours: Mon Wed Fri 9:00am - Noon