



Baylor College of Medicine
Office of Continuing Medical Education
Houston, Texas

Announces the 8th Annual

Chronic Illness and Disability:

*Transition from Pediatric to
Adult-Based Care*

**Thursday – Friday
November 8-9, 2007**

Edwin Hornberger Conference Center
Texas Medical Center
2151 West Holcombe Boulevard at H. Pressler
Houston, Texas 77030-3303

presented by
Baylor College of Medicine
Department of Pediatrics
Houston, Texas

Underwritten by an educational grant from Health Resources and
Services Administration, Maternal and Child Health Bureau,
grant #T71MC00011.



OVERVIEW

Chronic Illness and Disability: Transition from Pediatric to Adult-Based Care

This conference provides a state-of-the-art update on issues involved in transitioning youth and young adults with chronic illness and disability to adult-based services. In its eighth year, this conference has developed a singular reputation. There is no other conference on adolescent transition that brings together nationally and locally-recognized clinical and family member experts. The conference is known for high quality presentations and exceptional dialogue among healthcare professionals, young adults, and family members.

For clinicians, the conference includes discussion applicable to both primary and specialty care practices and provides an interdisciplinary perspective on how teams can come together to facilitate the important transition from adolescence to adulthood in healthcare.

For parents, teens, and young adults, the conference offers an opportunity to hear practical medical, legal, and insurance information. Presentations this year also cover important issues with respect to mental healthcare and family support.

For both clinicians and families, the conference includes time to meet and talk with faculty, to exchange ideas among participants, including experienced clinicians, parents, and young adults, and to share knowledge and insight about how best to make a successful transition to adulthood.

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Activity Director: Albert C. Hergenroeder, MD
Activity Coordinator: Ellen P. Seaback, CMP, CAE

NEEDS

There is a great need on the part of youth and young adults with chronic illness and/or disability, their families, and their healthcare providers to improve the transition from pediatric to adult-based medical services. Leading experts in the field will discuss the current state of transition from pediatric to adult-based care, highlighting barriers and proposed solutions to providing this care.

TARGET AUDIENCE

- Physicians in the specialties of internal medicine, family practice, pediatrics, psychiatry, and physiatry
- Other healthcare professionals working with youth and young adults with chronic illness including psychologists, social workers, nurses, dietitians, case managers, and public health officials
- Youth and young adults with chronic illness and their parents/guardians

OBJECTIVES

At the conclusion of this activity, the participant should be able to describe and discuss, with respect to the transition from pediatric to adult-based care:

- The current status of transition services
- Legal and insurance issues, including waivers and insurance options
- Special considerations for youth with developmental disabilities
- Development of a transition program
- State funding for transition services
- Mental health issues for patients and family members
- Adaptive physical activity programs, transportation and educational issues
- Current political issues and advocacy
- Educational and vocational transition services
- Appeals process for Medicaid services

EDUCATIONAL METHODS

Lectures • Case Presentations • Audiovisual Aids • Question and Answer Sessions
• Syllabus • Meet the Faculty Lunches • Small Group Discussions with Faculty

EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

PROGRAM

ACCREDITATION/CREDIT DESIGNATION

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this educational activity for a maximum of 13.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Social Workers

CEUs are pending approval from the Graduate College of Social Work at the University of Houston for Licensed Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists. Other disciplines should verify CEU acceptance with their licensing board.

Nurses

CNE contact hours available to nurses. The participant must attend the entire conference and complete an evaluation.

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward re-licensure as established by the Board of Nurse Examiners for the State of Texas.

Physical and Occupational Therapists

Application for continuing education credit has been made to The Texas Board of Physical Therapy Examiners as meeting continuing education requirements for PT's and PTA's. Approval is pending.

THURSDAY, NOVEMBER 8, 2007

- 7:00 AM Registration and Continental Breakfast
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, MD
- 8:05 **Film Presentation – I'm Tyler**
- 8:25 **Healthy and Ready to Work National Resource Center; Preparing for Transition Programmatically, Systemically**
Patti Hackett, MEd
- 9:10 **Question and Answer Session**
- 9:30 **Preparing for Transition – Individual and Family**
Patti Hackett, MEd
- 10:15 **Question and Answer Session**
- 10:20 Break
- 10:30 **Legal and Insurance Issues in the Transition**
Beth Sufian, JD
- 11:15 **Alternatives to Guardianship**
Beth Sufian, JD
- 12:00 PM **Question and Answer Session**
- 12:15 **Lunch with the Faculty**
 - Beth Sufian, JD
 - Patti Hackett, MEd
 - Colleen Horton, MPAFF
 - Cynthia Peacock, MD
 - Jan B. Scott
 - TCH Transition Committee
- 1:00 **Lessons Learned in Building a Transition Clinic**
Cynthia Peacock, MD
- 1:45 **Question and Answer Session**
- 2:00 **Breakout Session I with Faculty: "Tips and Tricks"**
 - Steve Elliot, JD
 - Pattie Hackett, MEd
 - Elaine Hime
 - Colleen Horton, MPAFF
 - TCH Transition Committee
- 2:45 Break

3:00 **Breakout Session II with Faculty:
"Tips and Tricks"**

- Steve Elliot, JD
- Pattie Hackett, MEd
- Elaine Hime
- Colleen Horton, MPAFF
- TCH Transition Committee

3:45 Break

4:00 **Legislative Panel: Results of the
2007 Legislative Session**

Texas State Representatives
John E. Davis, Ellen Cohen, and
Scott Hochberg

4:45 **Question and Answer Session**

5:00 Adjourn

FRIDAY, NOVEMBER 9, 2007

7:30 AM Continental Breakfast

8:00 **Announcements**

Albert C. Hergenroeder, MD

8:05 **Film Presentation – Team Hoyt**

8:15 **Youth/Young Adults'
Perspectives in Transition**

Nick Lewis, Christopher Scott
(Star of "My Brother"), and
Michelle Colvard, MPH

8:50 **Question and Answer Session**

9:00 **Family Members' Perspectives
in Transition**

Mercedes Alejandro,
Amy Chappelle, and
Alma Martinez-Odom

9:45 **Question and Answer Session**

10:00 Break

10:15 **Mental Health Issues in the
Transition**

Cynthia F. Reibenstein, LCSW, ACSW,
DCSW

11:00 **Question and Answer Session**

11:15 **Advocates in Texas for Family
Programs to Facilitate Transition**

Colleen Horton, MPAFF

12:00 PM **Lunch with the Faculty**

- Advocacy, Inc.
Dustin Rynders, JD
- Chava White, LMSW-AP, CCM
- Colleen Horton, MPAFF
- Cynthia F. Reibenstein, LCSW,
ACSW, DCSW
- Janice E. Brunstrom, MD
- Jan B. Scott
- Young Adults: Nicholas Lewis,
Christopher Scott, and Amy
Chappelle

1:15 **Explanation of Waivers and
Other Insurance Options**

Jan B. Scott

2:00 **Question and Answer Session**

2:15 **Preparing Children and
Adolescents with Cerebral Palsy
for a Successful Transition to
Adulthood: The Importance of
Sports, Martial Arts and Physical
Fitness as Part of a
Comprehensive Management
Program**

Janice E. Brunstrom, MD

3:00 **Question and Answer Session**

3:15 Adjourn

This CME activity is underwritten by an educational grant from Health Resource Services Administration, Maternal and Child Health Bureau, grant #T71MC00011.

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

Faculty, topics, program schedule, and credit are subject to change.

Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

FACULTY

Mercedes E. Alejandro

Parent and Volunteer
The Arc of Greater Houston
Houston, Texas

Valerie F. Bowman, LMSW

Senior Social Worker
Texas Children's Hospital
Houston, Texas

Janice E. Brunstrom, MD

Associate Professor of Neurology
Assistant Professor of Pediatrics
Director, Pediatric Neurology Cerebral Palsy
Center
Washington University School of Medicine
St. Louis Children's Hospital
St. Louis, Missouri

Representative Ellen Cohen

Texas State Representative
House District 134
Houston, Texas

Michelle Colvard, MPH

Executive Director
Mayor's Office for People with Disabilities
Houston, Texas

Representative John E. Davis

Texas State Representative
House District 129
Houston, Texas

Steve Elliott, JD

Legal Services Unit Attorney
Advocacy, Incorporated
Houston, Texas

Patti Hackett, MEd

Team Lead and Co-Director
Healthy & Ready to Work National Resource
Center
Bangor, Maine

Albert C. Hergenroeder, MD

Professor of Pediatrics
Adolescent Medicine and Sports Medicine
Baylor College of Medicine
Chief, Adolescent Medicine Service
Texas Children's Hospital
Houston, Texas

Elaine Hime

Project Manager, Project DOCC (Delivery of
Chronic Care)
Department of Pediatrics
Baylor College of Medicine
Houston, Texas

Representative Scott Hochberg

Texas State Representative
House District 137
Houston, Texas

Colleen Horton, MPAFF

Public Policy Director
Texas Center for Disability Studies
The University of Texas
Austin, Texas

Alma Martinez-Odom

Texas Children's Hospital
Houston, Texas

Cynthia Peacock, MD, FAAP, FACP

Assistant Professor
Baylor Transition Clinic Medical Director
Baylor Combined Medicine – Pediatric
Program Director
Houston, Texas

Cynthia F. Reibenstein, LCSW, ACSW, DCSW

Diplomate in Clinical Social Work
Reibenstein and Associates
Houston, Texas

Dustin Rynders, JD

Equal Justice Works Fellow/Attorney
Advocacy, Incorporated
Houston, Texas

Jan B. Scott

Assistant Vice President
Texas Children's Health Plan
Houston, Texas

Beth Sufian, JD

Attorney and Director
Cystic Fibrosis Legal Information Hotline
Houston, Texas

Chava White, LMSW-AP, CCM

Advanced Practice Social Worker
St. Luke's Episcopal Hospital
Houston, Texas

Students and Young Adults

Amy Chappelle, Nick Lewis, and
Christopher Scott

FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 5 business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay online, visit the activity website at www.BaylorCME.org/1376 and follow the instructions.

CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the Office of Continuing Medical Education (OCME) at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955. Registration fees of \$25 are non-refundable.

The OCME reserves the right to cancel activities, not less than 10 business days

before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process refund.

CONFERENCE ACCOMMODATIONS

Hilton Houston Plaza Hotel

6633 Travis Street
Houston, Texas 77030
Phone: 713.313.4655
Fax: 713.313.4650

Accommodations should be arranged directly with the Hilton Houston Plaza Hotel. Please identify yourself with the **Baylor College of Medicine Chronic Illness Conference** when making reservations in order to benefit from the special group rate (\$125.00 single/double). Rooms have been reserved at the special rate on a space available basis. The deadline to receive the special rate is **October 17, 2007**, unless the room block has already been filled. **Reserve your room early.**

FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine
Office of Continuing Medical Education
One Baylor Plaza, MS: BCM 155
Houston, Texas 77030

Phone: 713.798.8237
Fax: 713.798.7955 or 713.798.6600

Visit our Website located at www.BaylorCME.org/1376 for information about Baylor College of Medicine CME activities.



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