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**YOUNG MEN ABOUT CHANGE
(YMAC)
RESIDENTIAL PROGRAM
2310 1/2 Atascocita Rd., Humble, Texas 77396**

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The Harris County CSCD Young Men About Change (YMAC) Residential Program located in Humble, Texas is a 192 Intermediate Sanction Facility (ISF) designed to provide the Criminal Courts of Harris County with residential programming and aftercare supervision of moderate to high risk young adult male offenders evidencing the need of a structured residential setting to focus on changing criminal thinking and behavior.

TARGET POPULATION:

- Young adult male offenders, 17-25 years old and/or juvenile offenders 15-16 years old that have been certified as adults.
- Clients with moderate to high risk that would not usually be considered for community supervision or that would be considered for incarceration as a result of revocation for violations of conditions of Community Supervision.
- Clients assessed to have no identifiable substance abuse issues up to moderate levels.
- Clients with either felony or misdemeanor offenses are eligible. Misdemeanors must be assessed as high risk/needs and can comprise up to a maximum of 20% of the total program participants.
- Title 5 offenses are permitted; however, sex offenders are not eligible for YMAC.
- Clients can be stipulated either as an initial Condition of Supervision or Modified Condition of Supervision.

A Level of Service Inventory – Revised (LSIR) must be completed and recommend placement in a residential program prior to placing a client on the waiting list; assessed medium to high risk/needs.

PROGRAM LENGTH:

Six (6) to twelve (12) months in duration followed by four (4) to six (6) months of intensive oversight in the community. Out of county clients will normally be expected to return to the sending county and participate in appropriate aftercare supervision.

PROGRAM OBJECTIVES:

- Education – GED where needed
- Opportunity to change negative attitudes and behaviors
- Assume responsibility for own thoughts and behaviors
- Develop skills to succeed in a non-structured community setting

PROGRAMS AND ACTIVITIES

Treatment plans (client contract) will be developed with each client based on substance abuse assessment and evaluation and other assessments gathered during the intake process. They will participate in a phased residential program individually designed to meet their needs with respect to substance abuse, criminogenic needs, cognitive skills, education, and positive peer interaction. All clients will participate in group and individual counseling and a Cognitive Training program aimed at increasing their cognitive and social skills. An Employment Specialist will aid clients with job search, certification training and employment soft-skills needed for a pro-social lifestyle. As needed, clients will be placed in educational programs. Cognitive programs will be incorporated with a modified therapeutic community treatment approach, which will provide a family style structured environment focusing on changing clients' negative attitudes and behaviors, teaching clients to take responsibility for their own thoughts and behaviors, and giving them the tools to succeed in a non-structured community setting. All clients will participate in the Modified Therapeutic programming, physical fitness activities (based on individual ability), ROPES challenge course, Adult Education, and employment preparation training.

AFTERCARE (supervision in the community)

Prior to discharge, the client, along with the residential and counseling staff will compose an aftercare treatment plan (client contract). This plan will address the client's needs with respect to continuing substance abuse treatment, education, employment, and lifestyle issues all with the goal of relapse prevention. Aftercare will consist of a six-month reintegration phase supervised by the residential Community Supervision Officers. The clients will focus on maintaining a sober pro-social lifestyle in the community while continuing education, vocational training, seeking employment, job retention, attending specialized outpatient programs, attending program counselor aftercare sessions, restoring and building positive family relationships, and continuing sobriety. For out of county clients returning to the sending county, appropriate aftercare supervision is the responsibility of the sending county.

EXCLUSIONS TO ADMISSION:

- Post surgical recuperation of less than (2)months

- There are no recent suicide attempts or documentation of suicidal ideations precautions within the last 30 days
- Significant mental retardation
- Auditory/Visual Hallucinations
- Active Psychosis
- Need of Detoxification
- Dialysis or severe renal (kidney) disorders
- Chronic or severe stomach, colon, bowel disorders
- Need for chronic pain management with prescribed narcotics medications
- Quarantine patients
- Diabetes – insulin dependent
- No active gastro intestinal bleeding or colostomy
- Clients with fulminate Hepatitis (liver failure)
- Bleeding disorders
- MRSA with presence of boils
- Clients with a history of mental health diagnosis
- Clients who have previously been discharged from in-patient treatment for **substantial** program non-compliance will be staffed for placement on a case by case basis.
- Status epilepticus (continued seizures that cannot be controlled with medications)

All clients will be given a medical exam upon entering the YMAC Program to determine if medically fit for the program

REFERRAL/ADMISSION PROCESS:

- The Court Liaison Officer or Region Officer (CSO) refers the client to complete an assessment through the HCCSCD Assessment Unit or through the appropriate Region Assessment Specialist.
 - The LSI-R assessment will determine the need for treatment and residential placement.
 - If residential placement is needed, the Assessment Unit or Region CSO will submit the client's assessment information for the Residential Review using email address **(CSC) Residential Review.**
 - If appropriate for residential placement, the Residential Review will notify the Assessment Unit or Region CSO of the residential review results.
 - The CLO or Region CSO completes the Conditions of Community Supervision with the appropriate residential program wording. (If the Court had already stipulated a program, the CLO will ensure the prior stipulation is appropriate).
- You are committed to the HCCS&CD **Young Men About Change (YMAC)** beginning _____ **OR WHEN SPACE IS AVAILABLE.** Remain in this facility under custodial supervision and comply with all program rules, regulations, contracts, and guidelines of the facility until successfully discharged or released by further order of the Court.

Participate in the HCCSCD **Residential Aftercare Specialized Caseload** beginning upon discharge from a HCCSCD residential facility. Comply with all program rules, regulations and guidelines until successfully discharged or released by further order of the Court.

- The CLO or Region CSO emails the client information to **(CSC) Residential Services** requesting placement on the residential program waiting list. The file is then forwarded to the appropriate program.
- If the referred client is not in jail custody and continues to report to the CLO or Region CSO while waiting to enter the residential program, then the file is to remain with the supervising officer until the client is confirmed to have entered the program. The file is then forwarded to the appropriate program.
- The order of the program wait list is arranged according to the date that the client was approved for the program or the date of referral by the CLO or Region CSO requesting placement on the wait list.

Note: All Pre-Admission Health Screening Forms shall be reviewed by YMAC Medical staff to determine if further medical assessments are needed prior to placement in a residential facility.