

Family Functioning and Relationships



Systems of Hope Harris County, Texas

Prepared by The Evaluation Team
DePelchin Children's Center
May 2009 Systems of Hope Governing Board Meeting



Surveys Related to Family Functioning and Relationships

	Completed by	Number of items
Behavioral and Emotional Rating Scale–Parent Rating Scale (BERS–2C)	Caregiver	57
Behavioral and Emotional Rating Scale–Youth Rating Scale (BERS–2Y)	Youth	57
Columbia Impairment Scale (CIS)	Caregiver	13
Family Life Questionnaire (FLQ)	Caregiver	10

*All completed at Baseline and every 6 months

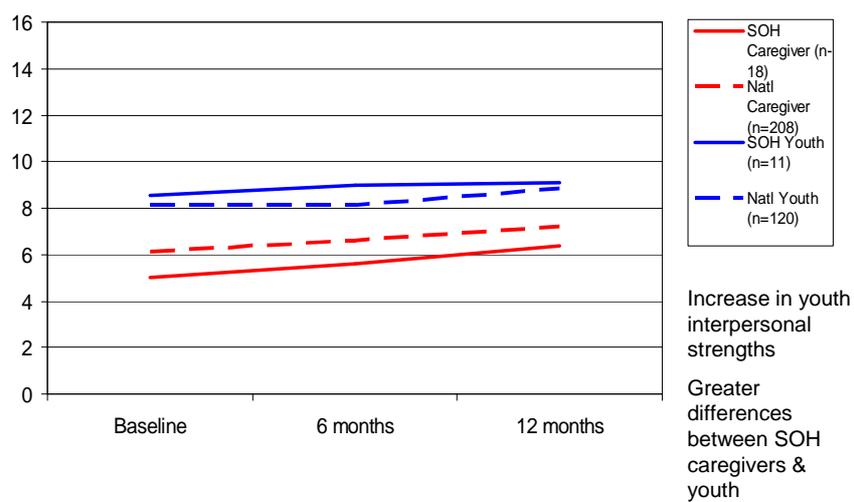
Behavioral and Emotional Rating Scale-2nd Edition (BERS-2)

Purpose: to identify the emotional and behavioral strengths of youth.

- Rates child's behaviors and emotions in a positive way.
- Corresponds to child's status over the past 6 months.
- Parent (Caregiver) and Youth versions
- 6 subscales
 - Interpersonal Strength
 - Family Involvement
 - Intrapersonal Strength
 - School Functioning
 - Affective Strength
 - Career Strength

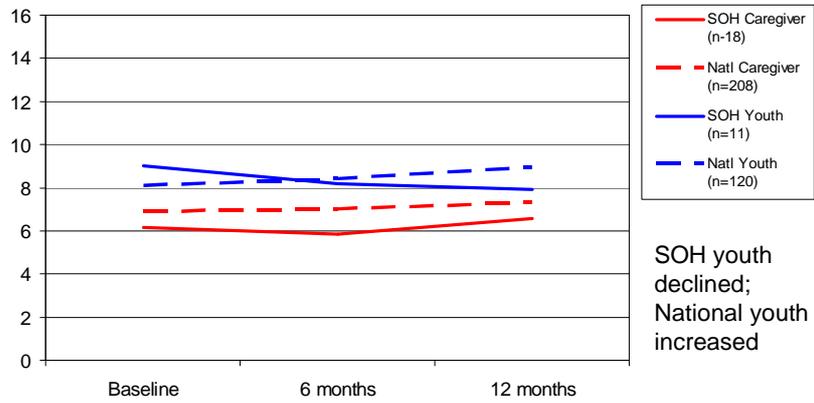
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Youth Interpersonal Strengths



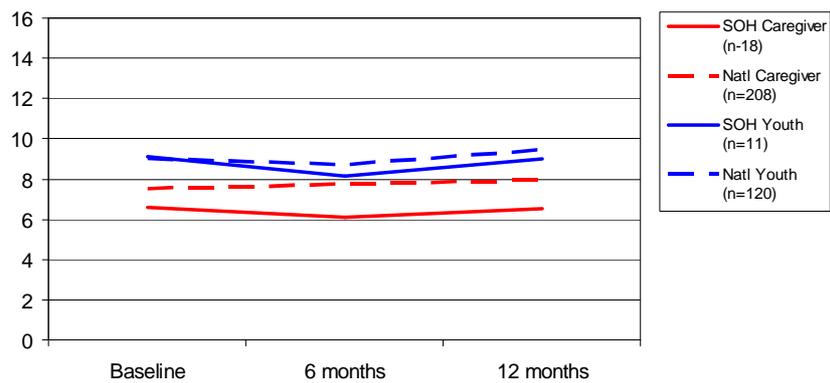
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Youth Family Involvement/ Connectedness Strengths



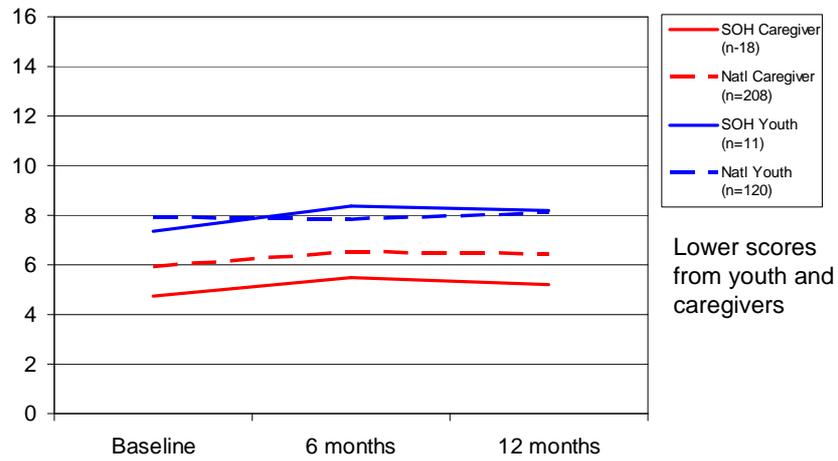
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Youth Intrapersonal Strengths



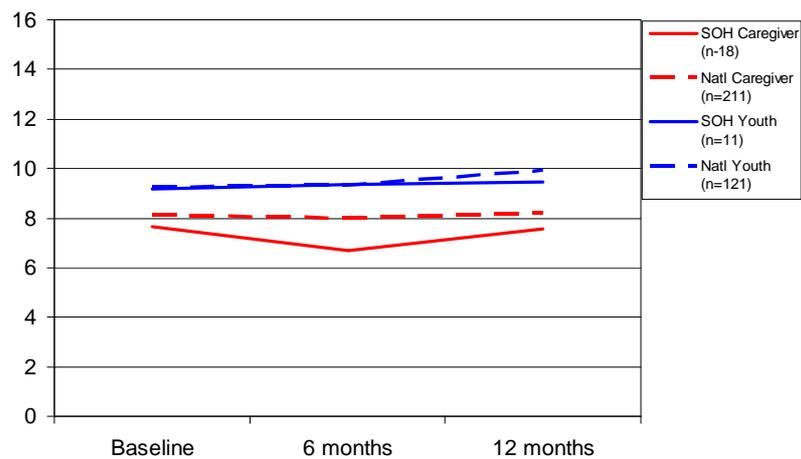
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Youth School Functioning Strengths



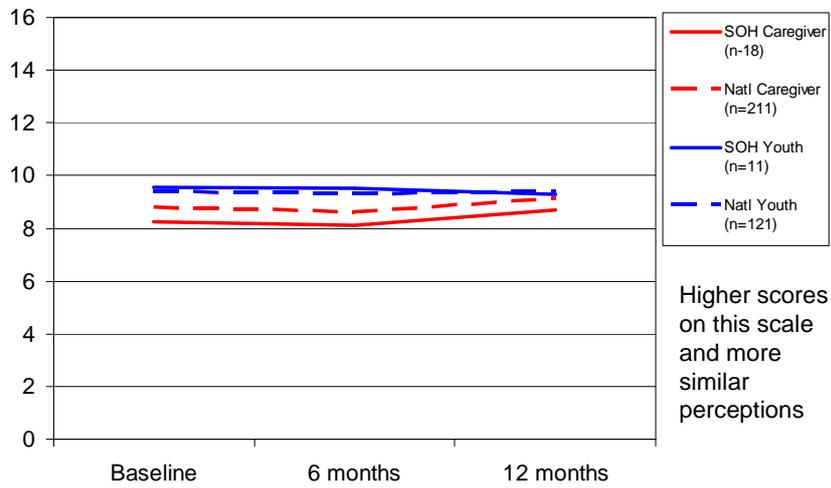
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Youth Affective Strengths



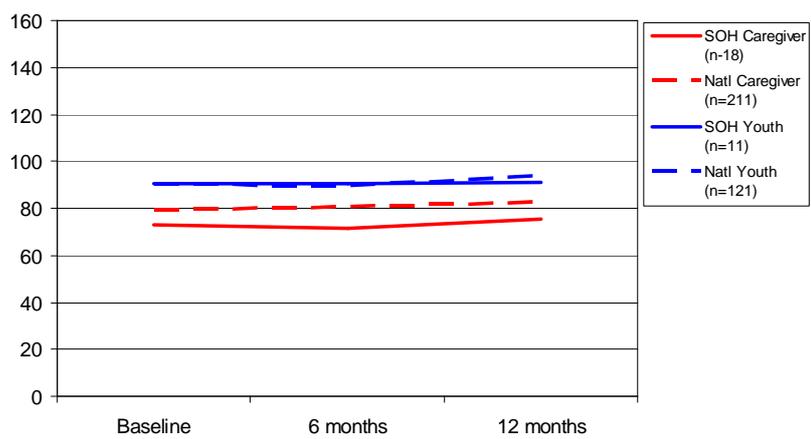
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Youth Career Strengths



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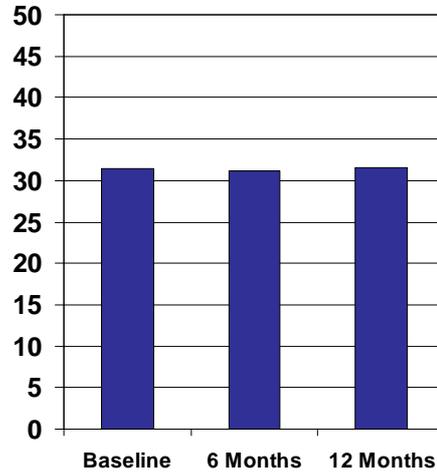
Overall Strength Index



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Family Life Questionnaire (FLQ)

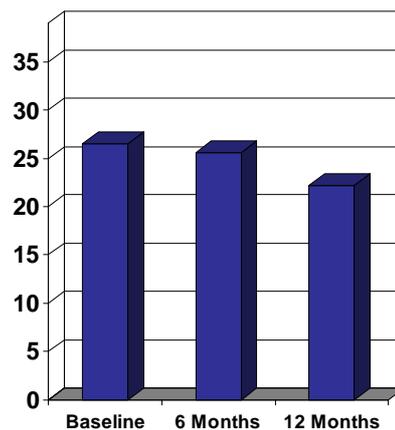
- Assesses aspects of family life related to things the family does together and how well the family interacts and responds to problems.
 - e.g. spending time together and dealing with family problems without fighting.
- 10 items rated on 1-5 scale (10-50 range)
- Scores stayed about the same over time.



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Columbia Impairment Scale (CIS)

- Evaluates level of impairment in areas related to:
 - Relationships with caregivers, siblings, friends, and other adults
 - Behavioral problems at home, work and school
 - Positive and negative emotions, such as happiness, sadness, and anxiety
- 13 items rated from 0-3 (0-39 scale) Lower score indicates less impairment.
- **Impairment scores declined from baseline to 12 months.**



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Summary

- Caregivers and youth differ in their perception of the strengths of the youth in multiple areas. SOH caregivers and youth are farther apart in their perceptions than the National sample. Using wraparound principles may increase the focus on youth strengths.
- Children's ability to control their emotions and react to disappointments in a calm manner (interpersonal strength) improved after involvement in SOH.
- Youth assessment of family connectedness decreased for SOH youth while increasing for youth overall in SOC programs.
- Families' perceptions of their relationships and ability to cope with challenges did not significantly change.
- Caregivers' perceptions of youth impairment decreased after involvement in SOH.