



# Harris County Systems of Hope

## Family Leadership

Children and families living with mental illness face many challenges within the home, with service providers, schools and communities. Please join us for one or for our entire training series to learn more how you can be successful at finding and/or providing strength based and culturally appropriate services.

These workshops are designed in one hour sessions and can be provided to your group during regular monthly meetings or even special brown bag lunch meetings. We will accommodate your training needs with any or all of our workshops. Workshops are **free** and available to anyone interested in supporting children's mental health in Harris County.

### Workshops Topics Include:

#### **1. Systems of Care 101**

This workshop will introduce the systems of care philosophy and help participants learn a new way of seeking and providing services to meet the individual needs of children and families at risk or living with mental illness.

- **Participants will identify presenting issues when providing children mental health services.**
- **Learn the definition and history of Systems of Care.**
- **Identify the core values and principles of systems of care.**

#### **2. Moving Families Off the Island and Into the Village**

This interactive workshop will help participants learn what supports are needed to help children become successful and stay successful after professional services have ended.

- **Participants will learn how to identify existing natural supports.**
- **Learn to communicate to identify supports needed.**
- **Increase opportunities to find resources and supports in the community.**

#### **3. Families as Partners**

A system of Care includes family members at every level as partners. This workshop will help participants understand the value of partnerships and techniques to implement family driven care.

- **Participants will be able to define family driven care.**
- **Participants will understand collaborative partnership.**
- **Participants will be able to identify steps toward building and supporting professional/family partnerships.**

**To schedule a workshop call: 713-295-2515 or email [tammy.foster@cps.hctx.net](mailto:tammy.foster@cps.hctx.net)**