

Systems of Hope
Houston Federation of Families for Children's Mental Health
Monthly meeting
Telephone Conference

January 27, 2011

Present: Tammy Foster, Julie Bourne, Eileene Chappelle, Roger Chappelle, Rebecca Johannson, Linda Lamb, Randy Joiner, Bonnie Cord and Barbara Sewell.

Meeting called to order at 6:35pm

- I. **Approval of minutes:** Eileene moved that the minutes from the December 2010 meeting be approved by Eileene and Rebecca seconded the motion. Minutes were approved with the removing of Linda Lamb's name from participants for the meeting.

- II. **Chair Report**

Family Driven Care Training: Barbara announced that Family Driven Care training was completed on Tuesday January 8th and Tuesday January 15th 2011. There were approximately 38 people in the training which included SOH staff, TRIAD staff, HISD staff, MHMRA staff, Family members and DFPS staff.

Barbara asked Tammy to find out availability of rooms for February and March on both Tuesdays and Saturdays. Barbara would like to schedule more Family Driven Care Training.

Volunteer Activities: Barbara stated that we need to recruit family members and help them understand the value of their presence and their voice and choice.

Barbara also stated that she would like to recruit young adults to mentor the Youth Move group. Barbara stated that Boyce would be a great mentor for the younger ones.

Tammy asked Rebecca to speak to Boyce and see if he was interested in helping with Children's Mental Health Awareness Day and the "Spoken Word" event.

III. Strategic Plan: Sample vision and mission statements were emailed out to the group. Barbara would like everyone to review them and send comments back to her. She will take comments back to the HFFMH board for review.

IV. Family Seats on the SOH Governing Board: Rebecca asked Barbara to draft a letter to Ms. Nealy and Ms. Montehono and explain to them they have missed three meetings in a row and will be removed from the board. If they have any questions about wanting to remain on the board, they can contact the Board Chair, Rebecca Johansson.

A discussion was held concerning alternates for family members. It was decided that having a “pool” of alternates instead of assigning alternates would be more beneficial for family members.

Recruiting more family members has always been challenging. Tammy recommended that we recruit Ms. Glenda Obot. Ms. Obot is active in SOH activities.

Barbara stated that we need to develop and have a training for our members on family empowerment.

It was also mentioned that youth who serve on the SOH Governing Board also be in subject to attending the required meetings in accordance with meeting attendance requirement in the SOH Bylaws. Randy will meet with Cherease and discuss this with her.

V. Old Business:

- Bonnie reported that the Basics Class has been postponed and new flyers have been sent out. The training will begin March 26th and be for three Saturdays. Barbara reminded everyone that the Basics training is an Evidence Based Practice (EBP) and is accepted by the Department of Family Protective Services (DFPS) for parenting classes.
- Barbara reported that the Sunnyside project was able to move funds to HFOF in order for us to create a website. Tammy will schedule meeting space for Barbara, Eileene and Larry to meet after the Systems Change meeting on February 2nd to discuss next steps for the website. This meeting will be held at the YSC from 4:30pm-6:30pm.

- HFFCMH is working on getting a Visions for Tomorrow (VFT) class started in the Sunnyside area. The class will be for three Saturdays. Once dates are decided, Barbara will send out flyers.
- Eileene and Barbara talked about working with a church in Sunnyside to deliver Mental Health First Aid training. The books are \$30.00 each and the curriculum is and Evidence Based Practice (EBP).

Eileene's niece is an instructor and will conduct the training for free so the only expense will be purchasing the manuals at \$30.00 each.

- Linda explained that NAMI has a booklet on outreach to African American Families in the community.

VI. Announcements:

- Eileene announced that she will be working on an anti stigma training with St. Agnes School. She will also be facilitating a training on mental illness at the office of Chancery of Galveston-Houston..
- Linda asked about Children's Mental Health Awareness Day (CMHAD), and it was decided that since Julie is already on the Social Marketing committee, she will report each month on the status of CMHAD events for SOH.

Meeting adjourned at 8:33pm

Next Meetings:

February 24,2011– 6:30pm-8:30pm Face-to-Face YSC

Respectfully submitted,

Tammy Foster, Scribe