

NAMI Basics

Free Education Class



For Parents & Caregivers of Children/Adolescents with a Brain Disorder

- Including: ADHD, Depression, Anxiety, Bipolar, Obsessive Compulsive, Schizoaffective and Schizophrenia, etc.
- The class is taught by your peers - parents and care givers who have a child with a brain disorder
- In the class you'll gain an understanding of the different disorders, learn essential communication skills, discover how to create and maintain essential documentation and learn how to deal effectively with the schools, and more

When:

3 Consecutive Saturdays: Jan. 29th, Feb 5th and 12th

Where:

Memorial Drive United Methodist Church
12955 Memorial Drive (77079)

Registration Required:

Robert Steed, rs_steed@hotmail.com, (281) 463-7448

Wendy Cadmus, wendy@cadmusenvironmental.com, 713-252-8549

