

Attention Deficiet Disorder Workshop Series

Systems of Hope is pleased to invite you to our next series on children's mental health. We are collaborating with the Attention Deficit Disorders Association Southern Region (ADDA-SR) to bring you workshops that will increase your success in working with children diagnosed with ADD/ADHD.

**All workshops will be held at the Youth Services Center
6300 Chimney Rock Road Houston, TX 77081**



**March 31, 2009
10am-11:30am**

Help! My Child has ADHD, presented by Pam Esser, M.Ed

Attention Deficit Disorder is a widespread; little understood condition which impacts the lives of may individuals and those around them. This presentation will cover the characteristics of ADHD and discuss strategies for coping. Mrs. Esser will address this as an educator and as the parent of 2 adult sons with ADHD.



**April 28, 2009
10am-11:30am**

Treating ADHD with Medications, presented by Jay Tarnow, M.D.

Dr. Tarnow will present a review of medications used to treat ADHD. Time will be allowed for questions and answers.

**May 12, 2009
10am-11:30am**

Skills to Manage ADHD, presented by Eddie Rodriquez, B.S., ACT

Mr. Rodriguez is an ADHD Coach and Learning Specialist with the Center for Assisted Learning. This presentation will help parents learn to identify the special challenges for students with AD/HD. Effective strategies to managing these challenges through the use of coaching will be discussed.

Register for any or all of the workshops for [FREE!](#)

**Contact Charlotte Wilkins at:
[713-295-2512](tel:713-295-2512) or charlotte.wilkins@cps.hctx.net**

