

Getting Ahead for the Holidays
Featuring Ellen Delap and Leslie Sarmiento
Presented by

ADDA-SR

Attention Deficit Disorders Association - Southern Region

www.adda-sr.org

Sunday, November 8, 2009, 2:00 p.m. to 4:00 p.m.

Memorial Drive United Methodist Church, Friendship
Center, 12955 Memorial Drive, Houston, TX 77079



Easily overwhelmed by the busy holiday season? Join us to create stress free family memories and traditions. Ellen Delap will share how to prepare and plan for the holidays. Leslie Sarmiento will share simple and easy ways to decorate with timeless elegance for the season.

Certified Professional Organizer and Family Manager Coach Ellen Delap partners with clients in their homes and offices to streamline their environments, create effective strategies for an organized lifestyle and prioritize organization in daily routines. Ellen specializes in working with Attention Deficit Disorder. Learn more about Ellen at www.professional-organizer.com. Leslie Sarmiento is a professional interior decorator whose goal is to make decorating simple, easy, and fun for her clients. Her step-by-step approach takes the stress and anxiety away from any decorating project. Leslie offers full-service interior decorating, beginning with a convenient in-home consultation, followed by product design and selection, and finally, expert installation. Learn more about Leslie at www.LeslieSarmiento.com

Please Print - \$10 per person, add \$5 for walk ins

Holiday - Houston

Name _____ CE Y / N

Address _____ County _____ City _____

State ____ Zip _____ Phone _____ Email _____

Online registration preferred at www.adda-sr.org or mail registration to ADDA-SR, 12345 Jones Rd., Suite 287-7, Houston, TX 77070, or with credit card fax to 281-894-6883

Total # Registrations ____ Total \$ _____ Payment Method _____ check _____ credit card

Print Name on Card _____ Signature _____

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