

Skills for Success with AD/HD

21st Annual Conference



Cook Children's Medical Center,
the accredited provider,
is jointly sponsoring this program with the

***Attention Deficit Disorders Association
Southern Region***



February 20 & 21, 2009

The Wyndham DFW Airport North Hotel
4441 Highway 114 @ Esters Road
Irving, TX 75063

General Information

Target Audience

This conference is designed for Physicians, Advanced Practice Nurses, Psychologists, Nurses, Diagnosticians, Social Workers, LPCs, LMFTs, Educators, Parents, Adults with AD/HD and others interested in AD/HD.

Concept and Methods

Attention Deficit Disorders (AD/HD) are widespread, little understood disorders which impact the lives of many individuals and those around them. Though children with AD/HD can learn compensating skills as they grow up, many frequently continue to experience symptoms as adults. Continuing education is needed for those who treat AD/HD as well as for those who are diagnosed.

A general session will be conducted on Friday and Saturday. Concurrent sessions will follow throughout Friday and Saturday presenting additional topics. Positive traits of those with AD/HD which can lead to success and fulfillment will be explored. Content will be delivered by: lectures, hand-outs, visual presentations, question and answer sessions and case studies.

Goals and Objectives

This conference is designed to define diagnostic criteria, review evaluation tools, provide current pharmacological information, address comorbid conditions, teach behavior management techniques for home and classroom, present effective teaching techniques, train parents to advocate, teach coping and compensating skills to adults and promote a positive attitude regarding this disorder.

Joint Sponsorship/Co-Provider

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint sponsorship of Cook Children's Medical Center and The Attention Deficit Disorders Association - Southern Region (ADDA-SR).

Ethics

This presentation has been designated by Cook Children's Medical Center for 3.75 hours of ethics/professional responsibility.

CME

Cook Children's Medical Center is accredited by the Texas Medical Association to provide continuing medical education for physicians. Cook Children's Medical Center designates this educational activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Psychologists: Participants may submit a copy of the signed self-reporting certificate to the Board of Examiners for the State of Texas for Psychologists for continuing education hours. Questions may be addressed at www.tsbep.state.tx.us.

CNE

Cook Children's Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 10.50 contact hours. You must attend the activity in its entirety and complete and return the evaluation tool.

LPC/LMFT

Cook Children's Medical Center is approved as a provider of continuing education for Licensed Professional Counselor's by the LPC Board of Examiners for the State of Texas (Provider #222) and Licensed Marriage and Family Therapists by the LMFT Board of Examiners for the State of Texas. These approvals meet the criteria for mandatory continuing education requirements towards relicensure as established by the individual Boards of Examiners for the State of Texas. CCMC designates this activity for a maximum of 10 contact hours CEU.

Social Work

ADDA-SR is approved as a provider of continuing education for Social Workers by the Texas State Board of Social Worker Examiners (Provider #CS2460). This activity is designated for a maximum of 10 credit hours.

CPE Credits for Educators

ADDA-SR is approved as a CPE provider of continuing education by the State Board for Educator Certification in Texas through TEA (Provider #501068). This activity is designated for a maximum of 10 CPE credits.

Disclosure

In accordance with the tenets of TMA and TNA, participants in continuing education activities should be made aware of any affiliation or financial interest that may affect the speaker's presentation. Each speaker has been requested to complete a disclosure statement outlining off-label or unapproved uses of products, services or affiliations with commercial supporters. The accredited provider has a mechanism in place to identify and resolve conflicts of interest. Disclosures will be listed in the conference program book.

Note: Please review the codes on the conference schedule page to register for the sessions appropriate for your profession. The general session each day counts for all CEs, CNEs and CMEs and is appropriate for all audiences to attend.

If you are newly diagnosed or just learning about AD/HD we suggest you attend the pre-conference Friday session, *The ABC's of AD/HD*. The basics will be addressed and will offer a foundation for the other sessions.

Conference Highlights

Featured speaker, Peter Jensen, M.D., is President and founder of the REACH Institute (Resource for Advancing Children's Health), a national non-profit organization dedicated to ensuring that children, adolescents, and families have access to optimal care for behavioral and emotional disorders. Prior to assuming this national directorship, his previous roles have included serving as the Ruane Professor of Psychiatry at Columbia University, founding Director of the Center for the Advancement of Children's Mental Health in New York, New York, and Associate Director for Child & Adolescent Mental Disorders Research, National Institute of Mental Health. At NIMH he was lead investigator on the Multimodal Treatment of AD/HD study (MTA). Dr. Jensen is a Diplomat in Psychiatry and Child Psychiatry of the American Board of Psychiatry and Neurology and a Fellow of the American Psychiatric Association. His honors include the Outstanding Psychiatrist Award from the National Alliance for the Mentally Ill (1999) and the Elaine Schlosser Lewis Award in 2000 for the best scientific paper about AD/HD.

- Chris Zeigler Dendy, nationally recognized author of *Teenagers with ADD & AD/HD (2nd edition)*, *Teaching Teens with ADD and ADHD* and *A Bird's-Eye View of Life with ADD and AD/HD: Advice from Young Survivors*, will present sessions on academic modifications and talk about parenting teens. Her co-author and son, Alex, will show clips from their new DVD for children and teens, *Real Life AD/HD!*
- Three sessions, marked on the schedule with ***, meet the requirements of Ethics/Professional Responsibilities.
- There is a special session for school nurses.
- For further information, topic descriptions and bios are available on our website at www.adda-sr.org

Registration Information

Hotel Accommodations

The Wyndham DFW North is located at 4441 Highway 114 @ Esters Road, Irving, TX 75063. Mention ADDA-SR to get a group rate of \$79.00 plus tax for single or double room if reserved by 3:00 PM on Saturday, February 7, 2009. A shuttle service is available from DFW Airport.

Registration and Meal Information

Registration fee includes program, continental breakfast and break refreshments. Lunch is **not** included. The hotel restaurant, **Flatland Grille**, offers affordable and fast service.

Friday Night Dinner, Speaker and Auction

Take this special opportunity to visit old friends, make new ones, meet the speakers and share ideas. Join us as we mix and mingle over dinner and celebrate our 21st annual conference. You do not need to attend the conference in order to purchase a dinner ticket.

Dress

A light jacket or sweater may be desired in some meeting rooms.

Resource Information

An extensive assortment of books and other resources will be available for purchase. The book sales room will be open during registration, breaks and lunch. MasterCard, Discover, American Express and Visa may be used.

School Discounts

Discounts are available for teacher groups. Please check our website at www.adda-sr.org/conference/teacherdiscount.htm for more information.

ADDA-SR Annual Members Meeting

The annual members meeting will be held Thursday, February 19th, at 5:00 PM. Call the ADDA-SR office if you plan to attend.

Cancellations

No refunds will be given after February 7, 2009. Prior to this date, a cancellation fee of \$25 will be charged, and refunds will be sent after the conference.

Exhibits and Advertising

We are offering exhibit booths and advertisement space in the program book to agencies, associations, businesses, individuals, and supporters. If you are interested in this opportunity to reach our audience please contact the ADDA-SR office at 281-897-0982.

Stipends/Scholarships

A grant is being jointly provided by ADDA-SR and Texas Planning Council for Developmental Disabilities. This will provide consumer stipends to cover registration fees and limited lodging to individuals with AD/HD and their families who qualify under the Developmental Disabilities Act. Contact the ADDA-SR office or website for further information.

ADDA-SR

For further information, please contact our office at 12345 Jones Rd., Suite 287-7, Houston, TX 77070, 281-897-0982 or check our website at www.adda-sr.org. In Dallas, contact Melissa Petty at 972-458-9226.

Friday, February 20 (5 Hours Credit)

Saturday, February 21 (5 Hours Credit)

7:30 - 9:00	Registration & Book Sales	
8:00 - 8:45	Special Pre-Conference Session (no credits) The ABC's of AD/HD, David Brown, M.D.	
9:00 - 9:15	Opening remarks	
9:15 - 10:30	General Session	A C E M N P
	Good News and Bad News from the NIMH MTA Study: Outcomes After 8 Years, Peter Jensen, M.D.	
11:00 - 12:15		
1	When the Medications are not Working David Brown, M.D.	A C M N P
2	Procrastination: Winning "The Delay Game" Debra Moore, M.A.	A E M P
3	Helping your Child Survive a Bad Choice: Strategies for Parents Rusty Lozano, M. Ed., LPC, BCIA and Natalya Ann Edwards, Ph.D., NCC	E M P
4	Determining the Purpose of Misbehavior & Choosing Behavioral Strategies Based on the Purpose of Behavior Sandy Hanson, M. Ed.	E M N P
5	Start Low, Go Slow, Think Twice Before You Say No, Multiple and High Doses Michael Kramer, M.D. and Stuart Robinson, Ph.D.	***C M N

12:15 - 1:45 Lunch (on your own)

1:45 - 3:00		
1	Building Partnerships Between Families, Healthcare Providers and Educators Peter Jensen, M.D.	C E M N P
2	Creating and Using Signaling Programs to Increase Attending Behavior Sandy Hanson, M. Ed.	E M P
3	How Are Your Soft Skills? Addressing Interpersonal Skills Issues in Adults with AD/HD Robin Binnig, Ph.D. and Amanda Glover, M.A.	A M P
4	Alternative Treatments Mollie Kuchta, RNC	A C M N P
5	Helping Children with AD/HD who Miss and Misinterpret Social Cues Susan Istre, Ph.D., LPC-S, BCPC	E M P

3:30 - 4:45		
1	Optimal Approaches with AD/HD Medication Peter Jensen, M.D.	A C E M N P
2	Logical Answers for Illogical Lifestyles: Critical Thinking Skills and ADD Management Debra Moore, M.A.	A E M P
3	Real Life AD/HD! Educating Children and Teens about AD/HD Chris Dendy, M.S. and Tommy Dendy, B.S.	E M P
4	Anxiety and Aggression in Pre-Schoolers Erin Lozano, M.Ed., LPC	E M N P
5	Stress: A Unique Psychophysiological Perspective Rusty Lozano, M.Ed., LPC, BCIA	A M N P

5:30
Dinner with speaker and auction
Purchase your seat on the registration form

***** These sessions meet the requirements of Ethics/Professional Responsibility.**

7:30 - 9:00	Registration & Book Sales	
8:00 - 8:45	Special Pre-Conference Session (no credits) IDEA/ Section 504 and AD/HD, Ivan Vance, LPC, LSSP	
9:00 - 9:15	Opening Remarks	
9:15 - 10:30	General Session	A C E M N P
	What Parents and Families can Teach Healthcare Professionals about AD/HD, Peter Jensen, M.D.	
11:00 - 12:15		
1	How the Inattentive Person Falls through the Cracks Carla Crutsinger, M.S.	A E M P
2	Positive Communications = Win, Win Solution Ivan Vance, LPC, LSSP	E M P
3	Why Didn't Ritalin Fix It? Psychological Aspects Michael Murray, Ph.D.	A C E M N P
4	Teaching and/or Parenting the Strong Willed/Defiant Child Kelly Smith, M.S.	E M P
5	Prescription Stimulant Abuse Carol Ann Nati, M.D.	***C M N

12:15 - 1:45 Lunch (on your own)

1:45 - 3:00		
1	Computer, Video Games and AD/HD, and Update Harvey Oshman, Ph.D.	A M N P
2	Twice Exceptional: Very Bright but has AD/HD Carla Crutsinger, M.S.	A E M P
3	Best Teaching Practices Chris Dendy, M.S.	E P
4	The Management of AD/HD and its Co-morbid Conditions Mike White, M.D.	A C M N P
5	The Synergy of Integrative Primary Care: Combining Medicine and Psychology Michael Kramer, M.D. and Stuart Robinson, Ph.D.	C M N

3:30 - 4:45		
1	The Student Driven Classroom; Using Student Created Contracts and Rubrics Fran Flath, B.F.A. and Linda Skylar, B.S., M.A.T.	E M P
2	A Practical Approach to Coaching Adults Doug Anderson, B.S.	A M P
3	The Joys and Challenges of Parenting Teens with AD/HD Chris Dendy, M.S. and Tommy Dendy, B.S.	M P
4	Medical Ethics: Treatment Issues in the Management of AD/HD and Substance Abuse Mike White, M.D.	***C M N
5	Evidence Based AD/HD Practices for School Nurses and Families Mollie Kuchta, RNC	M N P

A - Adults with ADD , Spouses , Parents of adult children
C - CME **N - CNE** **E - Educators**
M - Mental Health Professionals (LPC, LMFT, Social Work)
P - Parents of Children with ADD/ADHD

ADDA-SR Conference Registration

PLEASE PRINT CLEARLY!



Name _____
 Credentials _____
 Address _____
 City/State _____ County _____
 Zip _____ Phone _____
 Email address _____
 How did you hear about this conference? _____
 Adult with ADD _____ Parent _____
 Health Care Professional _____ Educator _____



**Save Money Join ADDA-SR Today for Member Rates
REGISTER EARLY, SPACE IS LIMITED**

Fee Schedule

Early Registration by 1/31/09

	Members/Person	Non-Members/Person
Friday or Saturday	\$85	\$130
Friday & Saturday	\$150	\$195

Registration after 1/31/09

Friday or Saturday	\$105	\$150
Friday & Saturday	\$190	\$235

Registration Fee \$ _____

Membership in ADDA-SR \$40 \$ _____

New member _____ Renewing Member _____

Your newsletter will be emailed, please provide us with an accurate email address.

Friday Night Dinner Ticket \$28 \$ _____

CE Certificate/Self - Reporting Form (CME, CNE, Ph.D., LPC, LMFT, Social Work) \$25 \$ _____

Educators - CPE Certificate - (No Charge, circle one) YES NO

Total Amount \$ _____

Payment Method:

_____ Check _____ Credit Card

School purchase orders accepted. Include individual registration forms.

Purchase order # _____

*Print Name on Card _____

*Street Address _____ Zip _____

*Acct. Number _____

*Exp. Date _____ *Signature _____



Required Session Selections

Select session **number** from schedule. **Your registration is not complete without circling one session for each time period below.** We will do our best to accommodate everyone's choice.

Please note: You must attend noted ethics sessions to receive ethics credit.

Friday: Preconference Y / N

11:00 1 2 3 4 5

1:45 1 2 3 4 5

3:30 1 2 3 4 5

Saturday: Preconference Y / N

11:00 1 2 3 4 5

1:45 1 2 3 4 5

3:30 1 2 3 4 5

• **Online Registration Preferred,
www.adda-sr.org**

• Return to ADDA-SR, 12345 Jones Rd., #287-7, Houston, TX 77070

• Fax to 281-894-6883 with credit card number

• Registration must be received in office by Friday, February 13, 2009

• Add \$10 for Walk-in Registration



Attention Deficit Disorders Association
Southern Region
12345 Jones Rd., Suite 287-7
Houston, TX 77070

Non Profit Organization
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*CME, CNE, Psychologists, LPC, LMFT, Social Workers, Educators
Adults with ADD, Spouses, Parents, Family Members*



Skills for Success with AD/HD

This conference is being offered to educate health care professionals, educators, adults, parents, and the general public about Attention Deficit Disorders and coexisting conditions.

This widespread, little understood disorder impacts the lives of many individuals, both children and adults, and those around them. Continuing education is needed for those who treat ADD/ADHD as well as for those who are diagnosed.